

# Adelante



AAUW Poway Penasquitos Branch

## IN THIS ISSUE

### Don't miss these October Events!

- Saturday 10/5 – **Happy Hikers** at Raptor Ridge
- Saturday 10/5 – **AAUW-RB's** second annual author event with local author Michelle Gable (see flyer below)
- Saturday 10/12 – **General Meeting** with speaker Assemblyman Brian Maienschein

## What's Happening in Sacramento and how does it affect me? by Janice Heather

For our October General Meeting, we're excited to host our Sacramento representative, Assemblyman Brian Maienschein, on **Saturday, October 12** from 9-11 a.m.

Assemblyman Maienschein represents the 77th Assembly District which covers Poway, Rancho Penasquitos, Rancho Bernardo, Carmel Mountain Ranch, Carmel Valley, Rancho Santa Fe, Scripps Ranch, Mira Mesa, Clairemont, and San Carlos. Some of the issues he's working to address are maternal mental health and student loan debt. This meeting is open to everyone so bring a friend and your questions about issues affecting your community or family.

Please note that this month we're trying a new venue - the beautiful new Palomar College/Rancho Bernardo campus at [11111 Rancho Bernardo Road](#). Coffee and light refreshments will be served. This meeting is open to everyone so bring a friend and your questions about issues affecting your community or family.

Please RSVP to Sheila Walker at [sekw@san.rr.com](mailto:sekw@san.rr.com) for parking information. Carpooling is recommended.

## President's Message by Cathy Burciaga

As promised, your board and committee chairs have been hard at work over the summer holidays planning for a spectacular year of inclusion & friendship and an array of mission-based presentations and interesting events definitely worth attending.

If you're so inclined, there will also be ample opportunities for you to volunteer during the year. An active branch like ours needs many volunteers to pitch in – even in a small way. It's what makes membership in this branch such an enriching experience.

Along with your new Member Directories, which you should be receiving shortly, you'll receive a full schedule of upcoming events to update your calendar for the year. We think you'll be very pleased with what we have planned for you!

For women and girls,  
Cathy

## Women's Museum of California | Speaker Series from Jane Niemeier, AAUW-CA

The Women's Museum of California is proud to present the 'Speakers Series' for the 2019–2020 season, featuring Shari Belafonte (October 8), Eve Ensler (December 8), Gloria Allred (January 11, 2020), and more. See flyers at end of newsletter and find more information at: <https://www.womensmuseumca.org/copy-of-speakers-series-1>.

## Members Start “New Year” by Celebrating Campers, Scholarship & Speech Trek Winners by Janice Heather

Over 80 people gathered at Bernardo Heights Country Club on September 14 to kick off our branch’s new program year and to celebrate last year’s successes, recipients and partners. Sree Panuganti, PhD and a scientist at Hologic, Inc., gave an inspiring talk about her educational journey and career as a woman in science. She talked about Hologic’s focus on women’s health technology and why they donated \$4,500 to help our branch send girls to Tech Trek. Lastly, she encouraged our campers and all of us to always fight for our goals and “just keep swimming.” (A quote from “Finding Nemo.”)

We also heard from our eight 2019 Tech Trek campers, who told us how attending camp changed their thinking about science and potential careers. We heard from the three women who received scholarships to continue their university education talk about how much AAUW support meant to them. And, the student who won our branch’s first Speech Trek contest shared her speech on school violence, which won statewide recognition.

Afterward, everyone agreed that it was an inspiring morning in a beautiful setting, and a great way to get started on this year’s goals. Thanks to all who participated!

Sree Panuganti, our featured speaker from Hologic, Inc., (center, left) with branch Tech Trek coordinators Aresa Toukdarian (far left) and Heidi Dalvie (far right, back), school liaison Mary Kay Knock (center, right) and our eight 2019 Tech Trek campers.



Tech Trek coordinator Heidi Dalvie introduces this year’s campers



Scholarship committee members Joan Natoli (left) and Honorine Nocon (right) introduce the three “returning to college” scholarship winners.



Dominique Ruedaflores, winner of both our branch’s first Speech Trek contest and Statewide AAUW Speech Trek, delivers her winning speech on school violence at the September 14 event.

**AMERICAN  
ASSOCIATION OF  
UNIVERSITY WOMEN  
POWAY PENASQUITOS  
BRANCH**

**Diversity Statement**

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

**Mission Statement**

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

**AAUW's Value Promise**

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

**National AAUW**

[www.aauw.org](http://www.aauw.org)

**California AAUW**

[www.aauw-ca.org](http://www.aauw-ca.org)

**PowayPenasquitos  
AAUW**

[www.powayarea-](http://www.powayarea-)

[ca.aauw.net](http://ca.aauw.net)

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

[m](mailto:m)

AAUW Poway  
Penasquitos Branch is a  
501(c)3 corporation

**President:** Cathy  
Burciaga

**Membership:** Pam  
Ames

**Programs:** Janice  
Heather & Sheila  
Walker

**Secretary:** Karen  
McGurk

**Treasurer:** Michelle  
Blasberg

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**AAUW-PP Annual Retreat, January 17-19, 2020** by Pamela Meyer

Join us for a relaxing weekend at Camp Stevens in Julian, CA. Meet new friends, renew old friendships and have a great time at the "Best Slumber Party in Town!" Take hikes, shop in Julian, listen to an educationally fun program, enjoy games and just take pleasure in the tranquil and peaceful atmosphere of Volcan Mountain. The Retreat flyer is attached to this newsletter.

Pamela Meyer  
619-855-4071  
[pamela.me4@gmail.com](mailto:pamela.me4@gmail.com)

**Happy Hikers at Raptor Ridge on October 5** by Gayle Ziaskas

This is a great hike just minutes north of Rancho Bernardo and east of I-15 off Highland Valley Rd. The hike is about 4.2-miles round-trip. This is a moderate 2-hour hike starting out flat where we join the Coast to Crest Trail. The second half gains elevation to reach gorgeous views of San Pasqual Valley. The trailhead is located 2.2 miles up Highland Valley Rd where there is a large sign with the address 14225 Highland Valley Road and Evergreen Nursery. Take a right into the parking lot where we will assemble. We will start hiking at 8:30 a.m.

If you wish to carpool, meet at the Rancho Bernardo Transit center on West Bernardo Road at 8:15 a.m. From there, drive north on West Bernardo Rd, crossing over I-15, and turn left at the first light onto Highland Valley Rd.

If coming from Poway/Rancho Bernardo - Drive north on Pomerado Rd. Just before you reach the intersection with I-15 turn right at the light for Highland Valley Rd.

RSVP to Linda Johnston at 707-484-2853 or [lindamcjohnston@yahoo.com](mailto:lindamcjohnston@yahoo.com), and copy Gayle Ziaskas as well at [gzia@aol.com](mailto:gzia@aol.com).

**Tech Trek** by Aresa Toukdarian

The USCD Tech Trek camp celebrated its 25th anniversary this summer. Fifteen members of our branch helped with camp registration or with being a second adult in the classroom so that the dorm moms could attend the morning staff meeting.

Thanks to your generosity and a large corporate donation from Hologic we were able to send eight campers to UCSD Tech Trek in June. All eight campers attended the September branch meeting and as part of the program told us their favorite parts of their core class (anatomy, chemistry, engineering, math, robotics, coding or physics). We also heard how the Tech Trek experience made an impact on their desire to pursue a future in the STEM field. The parents of one of this year's campers were so impressed that they made a generous donation to our branch providing enough funds to support a camper for each of the next three years!

If anyone is interested in helping with Tech Trek this year, please contact the board [aauwboard@gmail.com](mailto:aauwboard@gmail.com) and put TECH TREK in the subject line. We particularly need help with soliciting corporate donations and with coordinating a Tech Trek alumnae event.



## Suffragette Day by Harriet Gerza

Each year the Women's Museum of California hosts a celebration of the anniversary of women's right to vote. Next year will be the 100th year with a big celebration in Balboa Park. This 99th year Joan Thompson, Debbie Boyd and Harriet Gerza from our branch and Jane Niermeyer, Donna Lilly and Lynne Batchelor from the San Diego and La Mesa AAUW branches joined in the celebration. We listened to readings from Sojourner Truth and Elizabeth Cady Stanton, as well as speakers from other organizations, then participated in a brief march around Balboa Park. I'll remind everyone next year to join in the celebration.



## AAUW-CA Public Policy Action Priorities from AAUW of California / <http://www.aauw-ca.org/proposed-aauw-ca-public-policy-action-priorities-2019-2021/>

Public Policy Priorities guide all AAUW-CA actions that relate to public policy issues, including action on legislation. Our priorities are reviewed and revised every two years. In 2018, we began the review and revision for 2019-2021.

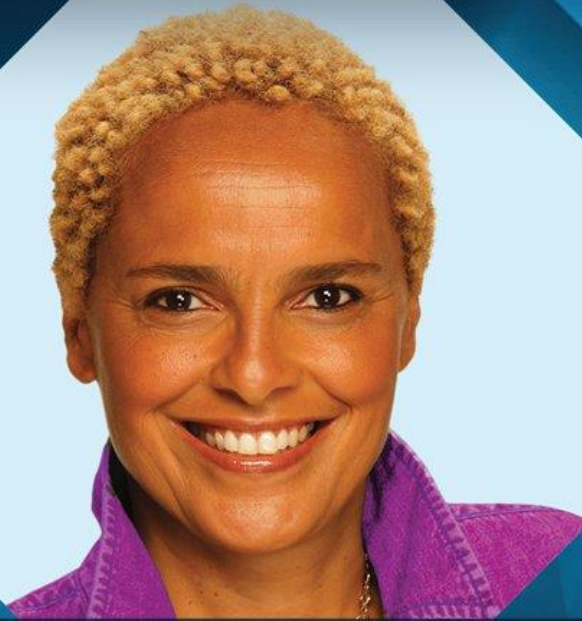
In November 2018, we sent out an every-member electronic survey. This survey listed the priorities and asked members to agree with the current statements or to offer suggestions for changes. 526 members completed the survey. The majority of the participants indicated agreement with the current priorities. A number of members provided comments and made suggestions for specific changes.

The Public Policy Committee reviewed the survey results discussed suggested changes. Based on the total survey response, the Committee made revisions to the current priorities as reflected in the updated brochure:

<http://www.aauw-ca.org/documents/2017/11/public-policy-brochure.pdf/>

# Women's Museum of California

presents an evening with



## Shari Belafonte

Moderated by Attorney Regina Petty

**October 8, 2019**

Location: MOPA (Museum of Photographic Arts)

VIP reception at The Prado from 5:30 - 6:30

Event from 7:00pm to 8:30pm

Tickets At: <http://www.womensmuseumca.org>



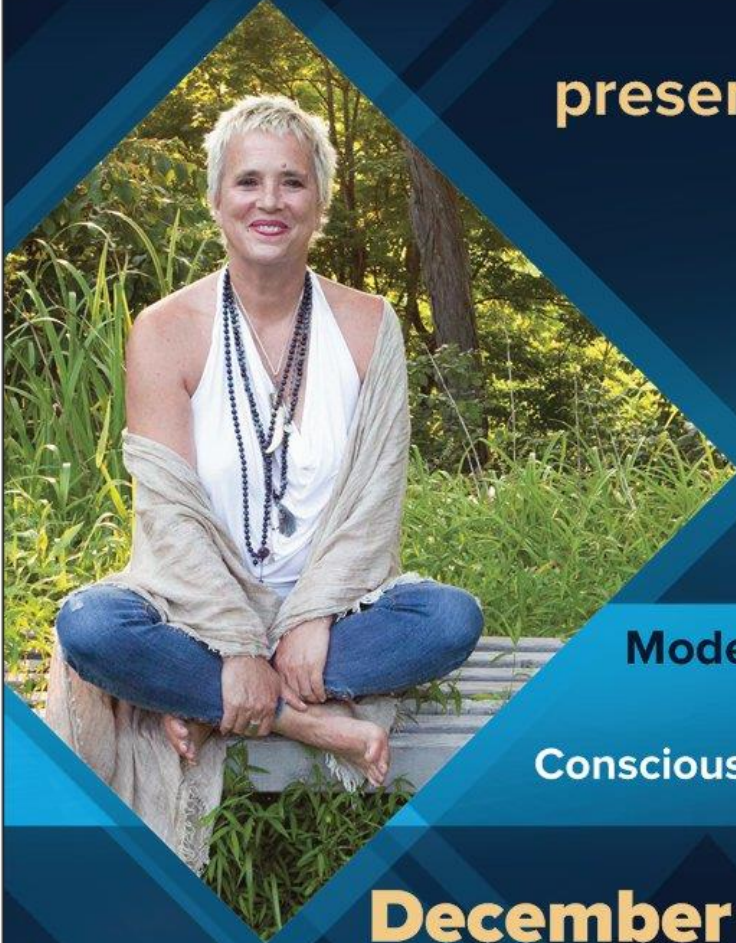
# Women's Museum of California

presents an evening with

Author

**Eve Ensler**

**Vagina Monologues  
and The Apology**



Moderated by Dr. Lorri Sulpizio,  
Executive Director  
Conscious Leadership Academy at USD

**December 8, 2019**

**Location: MOPA (Museum of Photographic Arts)**

**VIP reception at The Prado from 5:30 pm - 6:30 pm**

**Event from 7pm - 8:15pm**

**Book Signing 8:30 - 9pm**

**\$75.00 General Admission**

**VIP \$250 (only 75 tickets available)**

**Tickets At: <http://www.womensmuseumca.org>**

*AAUW Rancho Bernardo  
Second Annual Author Event  
Saturday, October 5, 2019  
11:30 a.m. - 2:00 p.m.*

Benefitting AAUW-RB's scholarship program for exceptional women students  
attending CSUSM with limited means and the  
Tech Trek program for 8<sup>th</sup> grade girls attending UCSD's STEM weeklong summer camp

**Bernardo Heights Country Club  
16066 Bernardo Heights Parkway  
Rancho Bernardo**



Join us for lunch with local bestselling author, Michelle Gable, who will be speaking about her latest novel, *The Summer I met Jack*, a story that imagines the affair between John F. Kennedy and Alicia Corning Clark and the child they may have had. Based on a real story.

*Books will be available for purchase from Warwick's La Jolla*

\$55 AAUW members  
\$60 non-AAUW members

Lunch is a choice of Blackened Salmon Salad or Asian Chicken Salad, both preceded by a bowl of Chicken Tortilla Soup.

Books will be available for purchase from Warwick's La Jolla

**Deadline for reservations 9/27/19**

Tables will seat 8 people. One check can be sent for several people. Names of others are not needed, just the number of seats required for the table and the menu choices. *Salad choice should be indicated on the memo line of each check(s).*

For more information, contact Judy Horning at 858-748-0069, or text: 858-735-6545.

Or email to [judy@judyhorning.com](mailto:judy@judyhorning.com).

Cut here:

Name \_\_\_\_\_ Email \_\_\_\_\_

Please reserve \_\_\_\_ seats at \$55 AAUW members Which branch? \_\_\_\_\_

*Each check should indicate salad choices on memo line.*

Please reserve \_\_\_\_ seats at \$60 non-AAUW members. *Each check should indicate salad choices on memo line.*

Send checks payable to AAUW-RB c/o Judy Horning,  
13526 Mora Circle, Poway, CA 92064

## Poway Penasquitos AAUW Retreat

### *A Workout for your brain: Drumming*

When: January 17, 18 and 19, 2020  
Where: Camp Stevens in Julian – Lax-Sadler Lodge  
Time: From 3:00 p.m. Friday, January 17<sup>th</sup>  
Through 12:00 noon Sunday, January 19<sup>th</sup>

Reservation: \$210.00 (includes cabin lodging, five (5) meals (Program will be extra)

#### Weekend Activities

Wine Tasting, Relaxing      Games, Videos, Puzzles  
Hiking in the mountains or shopping in Julian  
Book discussions, cooking with CHEF in the kitchen- maybe?  
Friday – Ice Breaker  
Saturday Drumming (I hope!) If not, something really good! Promise!  
Bring a friend or your sister for a weekend away from the routines of the day...  
Get away for the weekend, enjoy your time, no cooking, make new friends and learn new things,  
OR just relax, relax, relax.....The only rule is that there are no rules!!  
Please note that we are limited to 28 women, so reserve early!  
QUESTIONS? Email Pam Meyer: [pamela.me4@gmail.com](mailto:pamela.me4@gmail.com) or call her at: 619-855-4071

Send form below with your check      Cut here

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(Reservation for the Retreat includes lodging and meals) Drumming fees are included.

First deposit due by **November 15, 2019**      Final deposit due by **January 1, 2020**

\_\_\_\_\_ \$110.00 first deposit  
\_\_\_\_\_ \$100.00 second deposit  
\_\_\_\_\_ \$210.00 Full amount (checks will be deposited right away)

**Please note, balance of \$100.00 is due by January 1, 2020**

All money is non-refundable after January 1, 2019

**MAKE CHECK PAYABLE TO: PP/AAUW**

**SEND CHECK TO: PAM MEYER, 11894 Caminito Corriente, SD, CA 92128**

Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Mailing address \_\_\_\_\_

E-mail address \_\_\_\_\_ All notices will be via e-mail





# **FEBRUARY 1, 2020 SPEECH TREK**

Local high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create their 5-6-minute speeches on a public policy topic.

The 2020 topic: “Are men and women truly equal today, or are the Suffragettes of 1920 still suffering in 2020?”

**INTERESTED?** Contact AAUW Poway-Peñasquitos Branch: [aauwboard@gmail.com](mailto:aauwboard@gmail.com) for more information and to register **for the event**.

**Registration deadline is January 25, 2020**

Limited spaces available. Coaching may be available.

See article ( p 12) on this year’s contest:  
<http://92129magazine.com/february-march-2019-issue/>

American Association of University Women (“AAUW”) mission is to advance gender equity for women and girls through research, education, and advocacy.

## **Local Prizes**

**First place wins  
\$500.00**

**Second place  
wins \$250.00**

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**Winner of local  
contest participates  
in state semi-finals.  
Top three semi-  
finalists participate  
in state contest**

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Information about SPEECH  
TREK is available at [http://  
http://www.aauw-  
ca.org/?s=speech+trek](http://http://www.aauw-ca.org/?s=speech+trek)

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**Search “AAUW  
Speech TREK 2019”  
on YouTube for  
videos of previous  
participants**

<https://powayarea-ca.aauw.net/>

## AAUW Poway-Penasquitos Calendar of Events October 2019

<b>October 3<sup>rd</sup></b> Thurs 7:00 p.m.	<b>Great Decisions</b> Marie Dye 858-538-1689 <a href="mailto:mdye@san.rr.com">mdye@san.rr.com</a>	<b>Great Decisions</b> <b>Topic:</b> <i>The United States and Mexico: Partnership Tested</i> <b>Leader:</b> Heidi Dalvie <b>Hostess:</b> Ann Morgan	<b>RSVP:</b> <b>Ann Morgan</b> 9185 Oviedo St SD 92129 858-484-5290 <a href="mailto:annmorgansd@yahoo.com">annmorgansd@yahoo.com</a>
<b>October 5<sup>th</sup></b> Saturday 8:00 a.m.	<b>Hikers</b> Gayle Ziaskas 858-484-7596 <a href="mailto:gzia@aol.com">gzia@aol.com</a>	<b>Location: Raptor Ridge</b> 4.2-miles round-trip off Highland Valley Rd. A moderate 2-hour hike starting out flat where we join the Coast to Crest Trail. The second half gains elevation to reach gorgeous views of San Pasqual Valley.	<b>RSVP: to Carpool or get more information</b> Linda Johnston 707-484-2853 <a href="mailto:lindamcjohnston@yahoo.com">lindamcjohnston@yahoo.com</a> Meet at Rancho Bernardo Transit center on West Bernardo Road at 8:15 AM.
<b>October 8<sup>th</sup></b> Tuesday 1:30 p.m.	<b>2<sup>nd</sup> Tuesdays with Books</b> Chair: Donna Lucansky 760-741-5000 <a href="mailto:lonestardonna@gmail.com">lonestardonna@gmail.com</a>	<b>2<sup>nd</sup> Tuesdays with Book</b> <b><i>Where the Crawdads Sing</i></b> by Delia Owen <b>Discussion leader:</b> Honorine Nocon <b>Hostess:</b> Barbara Fisher	<b>RSVP:</b> <b>Barbara Fisher</b> 13217 Deron Ave., San Diego 92129 858-484-2816 or (C) 858-945-6871 <a href="mailto:afisherjr@aol.com">afisherjr@aol.com</a>
<b>October 12<sup>th</sup></b> <b>Saturday</b> <b>9:00 to 11 a.m.</b>	<b>General Meeting – PLEASE NOTE NEW LOCATION</b> <b>Palomar College Rancho Bernardo Education Center</b> <b>11111 Rancho Bernardo Road, SD</b> <b>Take RB Road west, left on Matinal Rd.</b>	<b>General meeting</b> <b>Palomar College Rancho Bernardo Education Center</b>  <b>Program: State Issues Update</b>  <b>Speaker: Assemblyman Brian Maienschein, 77th District</b>	<b>RSVP to Sheila Walker for parking pass information</b> <a href="mailto:sekw@san.rr.com">sekw@san.rr.com</a>  <b>Questions:</b> <a href="mailto:aauwboard@gmail.com">aauwboard@gmail.com</a>
<b>October 15<sup>th</sup></b> Tuesday 1:30 p.m.	<b>3<sup>rd</sup> Tuesdays with Books</b> Pam Ames 858-578-4283 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a>	<b>3<sup>rd</sup> Tuesdays With Books</b> <b><i>Where the Crawdads Sing</i></b> by Delia Owen <b>Discussion leader:</b> Pam Ames <b>Hostess:</b> Linda Allen	<b>RSVP:</b> <b>Linda Allen</b> 13206 Silver Saddle Lane, Poway 858-487-1667 <a href="mailto:lindainpoway@yahoo.com">lindainpoway@yahoo.com</a>
<b>October 18<sup>th</sup></b> Wednesday 9:30 a.m. to meet for carpooling	<b>Garden Gals</b> Different trips and visits to gardens throughout San Diego County	<b>Garden Gals</b> Succulent Garden guided walking tour at the Safari Park. <b>Carpool</b> – Meet at the Mercado to carpool at 9.30 a.m. Or meet at the front gate of Safari Park at 10 a.m.	<b>RSVP: by October 16<sup>th</sup> if you are carpooling</b> <b>Jeanene Cook</b> 858-487-9215 <a href="mailto:jeanenec@san.rr.com">jeanenec@san.rr.com</a>
<b>October 21<sup>st</sup></b> Monday 7:00 p.m.	<b>Games Group</b> Lyn Johnston 858-831-0052 <a href="mailto:lynjohn@san.rr.com">lynjohn@san.rr.com</a>	<b>Games Group</b> Play board games and test your intelligence and quick wit. <b>Hostess:</b> Marie Dye	<b>RSVP:</b> <b>Marie Dye</b> 8778 Sparren Way 858-538 1689. <a href="mailto:mdye@san.rr.com">mdye@san.rr.com</a>



<b>October 24<sup>th</sup></b> Thursday 7:00 pm	<b>Thursday Evening Book Grp</b> Ann Morgan 858-484-5290 <a href="mailto:annmmorgansd@yahoo.com">annmmorgansd@yahoo.com</a>	<b>Thursday Evening Book Group</b> <i>Becoming</i> by Michelle Obama <b>Leader:</b> Marilyn Scheininger <b>Hostess:</b> Julie Hoyle	<b>RSVP:</b> <b>Julie Hoyle</b> 13840 Riverhead Ct. PQ 858 484-2294 <a href="mailto:thehoyles@sbcglobal.net">thehoyles@sbcglobal.net</a>
<b>October 26<sup>th</sup></b> Saturday 11:00 a.m.	<b>Travel Group</b> Pam Ames 858-578-4283, 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a>	<b>Travel Group</b> <b>WurstNox</b> (German) 4545 La Jolla Village Dr. Lunch at 11:30 a.m. Carpool at 11 a.m. Mira Mesa Park & Ride/Mira Mesa Blvd	<b>RSVP: by October 24<sup>th</sup></b> Pam Ames 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a>
<b>October 28<sup>th</sup></b> Monday 1:30 p.m.	<b>Mystery Book Group</b> Beate Evey 858-538-5395 <a href="mailto:beateellinore@gmail.com">beateellinore@gmail.com</a>	<b>Mystery Book Group</b> <i>A Brilliant Death</i> by Robin Yocum Part coming-of-age story, part cold case mystery. <b>Discussion leader:</b> Pam Coon <b>Hostess:</b> Joan Thompson	<b>RSVP:</b> Joan Thompson 12202 Colony Dr, Poway 858-748-4219 <a href="mailto:kb6cut@cox.net">kb6cut@cox.net</a>