




AAUW Poway Penasquitos Branch

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Don't miss these September Events!

- Saturday, 9/14 – **Annual Breakfast Meeting** and speaker Sree Panuganti
- Saturday, 9/21 – **Happy Hikers** at Mission Bay Boardwalk
- **Help wanted** with Friendship Gathering Coordinators and Tech Trek Committee Members

Annual Breakfast Meeting and more! by Janice Heather

Be sure to mark your calendar for **Saturday, September 14** when our branch kicks off another year of programs you won't want to miss. We're starting off the program year with our annual breakfast meeting featuring this year's Tech Trek Camp girls, our branch scholarship winners and our Speech Trek winner - who went on to win the statewide competition and will give her 5-minute winning speech for us. Come and meet these inspiring girls and women and hear how your AAUW contributions are changing their lives!

We're also excited to hear from Sree Panuganti, a research and development scientist at Hologic, Inc., which generously donated \$4,500 to our branch - allowing us to send more local girls than ever (8) to our Tech Trek summer math & science camp. Hologic, Inc. is a global medical technology company offering cutting-edge solutions that enhance and save women's lives. Their products address diagnostics, breast and skeletal health, GYN surgical health and medical aesthetics, with an emphasis on early and accurate detection and treatment. With locations in over 15 countries - including San Diego - and more than 5,500 employees globally, Hologic makes it possible for women to live healthy lives around the world. We're excited to hear about the important work Hologic is doing and why they support AAUW and Tech Trek.

The event will be held from 8:30-11:30 a.m. at the Bernardo Heights Country Club, 16066 Bernardo Heights Parkway, 92128. Breakfast is \$28, and friends are welcome. Please rsvp to Sheila Walker by September 1 to save your seat. (See flyer below) You don't want to miss this event!

President's Message by Cathy Burciaga

Standing in line at Starbucks the other day, I was startled to hear "Rudolph the Red Nosed Reindeer" over the muzak. The woman behind me reacted with "No-o-o-o, we just took the lights down from last year," while the barista behind this little hoax gleefully chirped, "Just kidding!" But wow, this year HAS gone by fast, hasn't it?

Looking back over 2018-19 for the Poway-Peñasquitos branch, I'm sure you'll agree the year was abundant with great on-point programming, fun & friendly groups to join, and making our mark in California with mission-based accomplishments like taking 1st place in the Speech Trek competition and sending a record number of girls to Tech Trek camp.

While other branches are shrinking, we added almost 20 new members last year. And notably, our members tend to be active and involved. So, every single one of our all-member events was heavily attended – sometimes standing room only. This didn't happen by accident. Joan Thompson and her talented group of board members and committee chairs and volunteers worked well and hard on your behalf.

Big shoes to fill and we have a very big year coming up, but as your new president I will try to learn fast, get to know each one of you personally, and do well for you in the new year.

For women and girls,
Cathy

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership.

There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

PowayPenasquitos AAUW

www.powayarea-

ca.aauw.net

aauwboard@gmail.com

AAUW Poway Penasquitos Branch is a 501(c)3 corporation

President: Cathy Burciaga

Programs: Janice Heather & Sheila Walker

Membership: Pam Ames

Secretary: Janice Heather

Treasurer: Michelle

Blasberg

Secretary: Karen McGurk

Membership Matters by Pam Ames, Membership Chair

Welcome to the new year! Our membership term is July 1 – June 30. For those of you that have joined for the first time – WELCOME! For those of you that have renewed – THANK YOU! Your membership is very important.

As your new Membership chair, I look forward to working with ALL of you as part of my team. Do you have a friend, co-worker, relative, or adult grandchild who would like to join? I heard this summer that one new college graduate joined specifically to add membership to American Association of University Women on a personal resume. As a member, you might consider providing a gift membership to someone.

AAUW Mission statement is “to advance gender equity for women and girls through research, education and advocacy.”

AAUW Vision is “Equity for All.”

For a membership application form or any membership questions, please contact me.

Pam Ames

aauwboard@gmail.com

858-578-4283

Garden Gals by Pam Kirpalani

Hi Gals!

After many bloomin' years, Garden Gals coordinator Pam Kirpalani is stepping down from this position. But the Garden Gals will continue! Several members of the group have volunteered to coordinate future events, take pictures, write newsletter articles and arrange carpooling. Hold these dates for future plans:

September 13 (to avoid the holiday)

November 1 (first Friday is our typical meeting day)

February 7

April 3

June 5 (event and planning lunch for following year)

If anyone would like to be added to the Garden Gals email list, you may continue to contact pamkirpalani@gmail.com 858-354-9694 for this transition year.

See you in the garden!

Help Wanted! by Harriet Gerza

Friendship Gathering Coordinator(s) to organize events. Requires minimal time in advertising events through Adelante, meetings, emails. Setting up hosts and ensuring monies get transmitted to the treasurer. Training and assistance available by former coordinators. Fun way to meet and get to know members one-on-one...easy assignment!

Tech Trek Committee Members to help organize and plan the first ever alumni event. Harriet will chair this committee and we have a budget too. Anyone who is interested in Tech Trek and likes to plan parties please apply!

If you interested or have questions, contact: aauwboard@gmail.com

Happy Hikers at Mission Bay Boardwalk in September by Marie Dye

Join Happy Hikers for a walk on the Mission Bay boardwalk Saturday, September 21. The walk will be approximately four miles round trip on a flat surface. We will meet at the Park and Ride off Scripps Poway Parkway (next to Yanni's restaurant off Scripps Highlands Drive) at 8:00 a.m.

Please rsvp to Marie Dye at mdye@san.rr.com if you plan to attend. If you are meeting us at Mission Bay and not the Park and Ride, please let Marie know so we can arrange where to meet.

Re-entry Woman Scholarship Finalists for 2019 by Honorine Nocon

Three finalists have been selected for the 2019 AAUW-PP Re-entry Woman Scholarship, and pending verification of grades and enrollment, the scholarships will be awarded at the September breakfast meeting.

Sara Davis, San Diego City College

Sarah, a returning student who lives in North County, recently completed her AA with high honors in Behavioral Science-Sociology and is continuing her coursework with the intention of transferring to a 4-year college in fall 2019. Her ultimate goal is to earn a master's in public policy in order to effect change in our healthcare system.

Angela Lammi, Miramar College

Angela is a single mother who had a break in her education. She is completing her AA in Business with a certificate in accounting and plans to attend SDSU in the fall. An active member of the Miramar Business Club, she is supporting her family and her education by working in financial planning and tax preparation.

Lisa Crill, Miramar College

Lisa is a deputy with the San Diego County Sheriff's Department and mother of two, who returned to school after a break in her education, with the goal of earning a master's degree in criminal justice. She has been an active volunteer in programs that support her colleagues' well-being as well as less advantaged children in the community.

Speech Trek by Marie Dye

What is Speech Trek?

Speech Trek is a speech contest sponsored by AAUW California and launched in 2007. Its purpose is to promote understanding and communication of gender-equity and mission-critical issues among high school students through their research, preparation and presentation of high-quality speeches. It promotes the value of public speaking as an invaluable life and leadership skill.

2020 Contest

The branch sponsored contest will be held Saturday, February 1 at the Rancho Peñasquitos Library community room. The topic is "Are men and women truly equal today, or are the Suffragettes of 1920 still suffering in 2020?". The only criteria to participate is the contestant must be enrolled in a California high school. The competition is open to all boys and girls. The branch members working on Speech Trek are Miriam Lauff, Joan Thompson, Honorine Nocon and Jeanni Harrison.

What is needed?

Coaches are needed! Anyone who can help a student with their speech is needed. If interested, please contact Marie Dye at mdye@san.rr.com. We also need students to participate! Attached is a flyer to distribute on Facebook, Nextdoor, etc. I will also send this flyer in an email to the branch. Please help spread the word!

AAUW Fund Honorees for 2018-19 by Pamela Meyer

For each \$750 a branch contributes to the national AAUW Fund, our branch may nominate one Named Gift honoree. For the fiscal year 2018-2019, your board chose the following people:

Kris Downey, for her continued contributions to the AAUW Fund;

Michelle Blasberg, for her outstanding work as the branch's treasurer;

Pam Kirpalani, for arranging great field trips for Garden Gals for the last five years, that were also open to all members (and potential new members) of the branch;

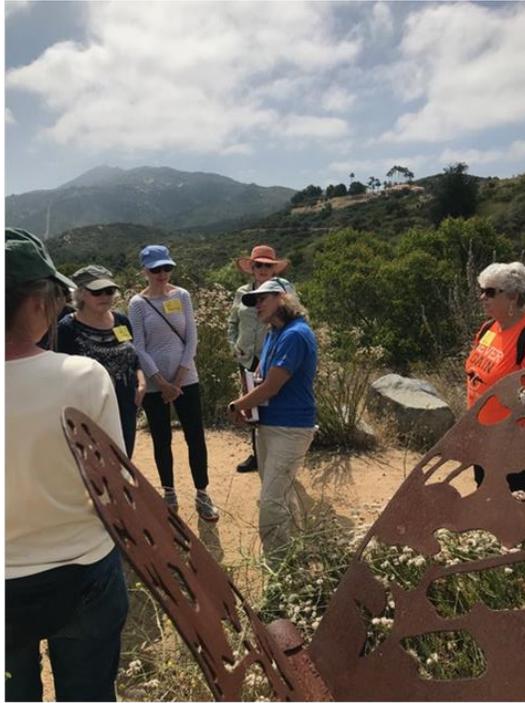
Marilyn Scheininger, for her generous support of Tech Trek;

Miriam Lauff, for her generous support of Tech Trek and scholarship; and

Benita Page, for her generous support to Tech Trek and scholarship.

Garden Gals at Blue Sky Preserve in June by Jeanene Cook

The Garden Gals met in early June at the Blue Sky preserve in Poway. We explored the trails with a docent, learning how the Kumeyaay Indians used various plants in the preserve for food and clothing. It was a beautiful day with so many plants still in bloom. After our hike we had lunch at Miguel's and discussed plans for the next year. Notice: Pam Kirpalani has been the leader of Garden Gals for many years and is looking at giving someone else the opportunity to coordinate our activities next year with the help of the other members.



AAUW Fund Honorees for 2018-19 by Pamela Meyer

Fantastic speakers & delicious lunches!

There are 30 Fellows and Grant recipients studying in California in 2019-2020. We have an opportunity to meet some of these inspiring women at our **AAUW Fund Luncheons**. All three October luncheons are from noon - 3:00 p.m., with check-in at 11:30 a.m.

Saturday, October 5, 2019

Basque Cultural Center
599 Railroad Ave - South San Francisco, CA 94080
RSVP: September 20, 2019, 11:30 a.m.

Sunday, October 6, 2019

Crow Canyon Country Club
711 Silver Lake Drive – Danville, CA 94526
RSVP: September 20, 2019, 11:30 a.m.

Sunday, October 27, 2019

Old Ranch Country Club
3901 Lampson Avenue – Seal Beach, CA 90740
RSVP: October 11, 2019, 11:30 a.m.

The cost is only \$45 per person. Register early online through Eventbrite www.aauw-ca.org/fall-fund-luncheons or mail check/credit card information to AAUW CA, 1331 Garden Highway, Suite 100, Sacramento, CA 95833. If anyone is interested in going, please let me know so we can put together a carpool. Pamela Meyer, AAUW Funds Chair, pamela.me4@gmail.com

AAUW Public Policy – 2020 is Going to be a BIG Year! by Harriet Gerza

So many events and milestones coming in the year 2020-- starting with the celebration of the 100th anniversary of the Women's Right to Vote and culminating with our national election in November!

Some of the activities to look forward to are:

- The League of Women voters has launched a Women's Suffrage Coalition of women's groups in San Diego to coordinate all the various events in the county. I'll be sure to publish a list of coming events. The events will kick off with Suffrage Rally and Parade, Tuesday, August 27 @ 5pm at Balboa Park>(*contact Harriet at aauwboard@gmail.com if interested in attending).
- AAUW CA is planning their annual convention around "Remembering the Past, Rockin the Future" to commemorate what we have accomplished and where we plan to go yet on April 17-19, 2020 in San Francisco.
- Our branch is launching our first Tech Trek Alumni event to reconnect with our campers and reinforce our commitment to encourage girls in STEM education.
- Our branch will once again partner with the League of Women voters to present proposition analysis for the March 5 primary and November 3 election.

The activities will start soon and I'll be coordinating efforts if you are interested in attending or helping to plan.

Harriet Gerza
Public Policy Chair



FEBRUARY 1, 2020 SPEECH TREK

Local high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create their 5-6-minute speeches on a public policy topic.

The 2020 topic: “Are men and women truly equal today, or are the Suffragettes of 1920 still suffering in 2020?”

INTERESTED? Contact AAUW Poway-Peñasquitos Branch: aauwboard@gmail.com for more information and to register **for the event.**

Registration deadline is January 25, 2020

Limited spaces available. Coaching may be available.

See article (p 12) on this year’s contest:
<http://92129magazine.com/february-march-2019-issue/>

American Association of University Women (“AAUW”) mission is to advance gender equity for women and girls through research, education, and advocacy.

Local Prizes

**First place wins
\$500.00**

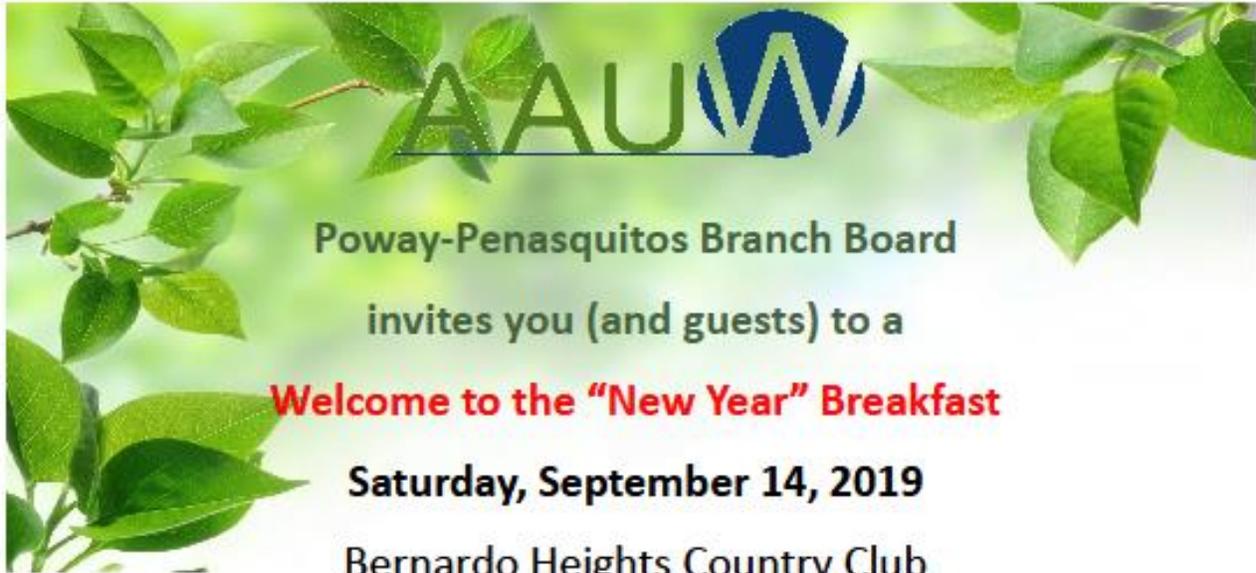
**Second place
wins \$250.00**

**Winner of local
contest participates
in state semi-finals.
Top three semi-
finalists participate
in state contest**

Information about SPEECH
TREK is available at [http://
http://www.aauw-
ca.org/?s=speech+trek](http://http://www.aauw-ca.org/?s=speech+trek)

**Search “AAUW
Speech TREK 2019”
on YouTube for
videos of previous
participants**

<https://powayarea-ca.aauw.net/>



Poway-Penasquitos Branch Board

invites you (and guests) to a

Welcome to the "New Year" Breakfast

Saturday, September 14, 2019

Bernardo Heights Country Club

16066 Bernardo Heights Parkway, San Diego, CA 92128

Registration and Social Time 8:30 am

Program 9:15 am to 11:30 am

Speaker: Sree Panuganti, Scientist from Hologic, R & D Department



Hologic made a \$4500 grant to Tech Trek

Hear from the Tech Trek campers who attended the UCSD camp

Meet the Speech Trek State Winner

Celebrate the Scholarship award recipients

Reservations (next page) must be received by September 1

Reservation for September 14, Breakfast

Member name: _____

Guest/s names: _____

Email address/phone: _____

Insert number of breakfast choices for you and your guest/s.

___ Scrambled Eggs, Roasted Fingerling Potatoes, and Applewood Bacon

___ Greek Yoghurt, Seasonal Berry Compote, and Toasted Granola

All breakfasts include seasonal fruit cup, fresh baked pastries and tea/coffee

Please email Sheila Walker if these choices are unsuitable for you due to dietary restrictions: sekw@san.rr.com

Cost is \$28 per person, which includes room rental, service charge and tax

Enclosed \$ _____ for _____ reservations

Make check out to AAUW-PP

Mail to : Sheila Walker, 13381 Calle Colina, Poway, CA 92064

Deadline: September 1, 2019 for reservations

AAUW Poway-Penasquitos Calendar of Events September 2019

September 5 Thurs 7:00 pm	Great Decisions Marie Dye 858-538-1689 mdye@san.rr.com	Great Decisions Topic: <i>Cyber Conflicts and Geopolitics</i> Leader: Michelle Blasberg Hostess: Sheila Walker	RSVP: By Sunday Sept 1st Sheila Walker 13381 Calle Colina, Poway 858-722-3761 sekw@san.rr.com
September 10 Tuesday 1:30 p.m.	2nd Tuesdays with Books Donna Lucansky 760-741-5000 lonestardonna@gmail.com	2nd Tuesdays with Book <i>The Weight of Ink</i> by Rachel Kadish is the interwoven tale of two women of remarkable intellect... Discussion leader: Beate Evey Hostess: Mary Agne	RSVP: Mary Agne 9921 Aviary Drive, Scripps Ranch 858-472-4799 magne1@san.rr.com
September 13 Friday 9 a.m. 8:30 carpool	Garden Gals Pam Kirpalani 858- 592-0377 pamkirpalani@gmail.com	Garden Gals Still in the planning stages Look for information via the Branch's gmail!	Information: Pam Kirpalani 858- 592-0377 pamkirpalani@gmail.com
September 14 Saturday 8:30 a.m. to 12 p.m.	General Meeting Bernardo Heights Country Club 16066 Bernardo Heights Pkwy, San Diego Program Chairs: Sheila Walker and Janice Heather aauwboard@gmail.com	General meeting Welcome "New Year" Breakfast Program: Meet Tech Trek Campers, scholarship recipients and Speech Trek Winner Speaker: Sree Panuganti, Hologic, Inc. Tech Trek major donor	RSVP: By Sunday, September 1st Mail reservation form to: Sheila Walker 13381 Calle Colina, Poway Questions? Email: aauwboard@gmail.com Reservation form is in the Adelante!
September 16 Monday 7 p.m.	Games Group Lyn Johnston 858-831-0052 lynjohn@san.rr.com	Games Group Play board games and test your intelligence and quick wit. Hostess: Aresa Toukdarian	RSVP: Aresa Toukdarian 8492 Florissant Court, Rancho Penasquitos 858-663-6067 aresa@san.rr.com
September 17 Tuesday 1:30 p.m.	3rd Tuesdays with Books Pam Ames 858-578-4283 619-889-6229 (cell) pamames123@gmail.com	3rd Tuesdays With Books <i>The Weight of Ink</i> by Rachel Kadish is the interwoven tale of two women of remarkable intellect. Discussion leader: Mary Jefferson Hostess: Georgia Chagala	RSVP: Georgia Chagala 12857 Rockwell Ct, Poway 858-679-2221 gchagala@cox.net
September 21 Saturday 8 a.m.	Hikers Gayle Ziaskas 858-484-7596 gzia@aol.com	Happy Hikers Location: Mission Bay Carpoolers meet @ 8 a.m. at the Park and Ride next to Yanni's in Scripps Ranch	RSVP : Marie Dye 858-733-2850 mdye@san.rr.com
September 23 Monday 1:30 p.m.	Mystery Book Group Beate Evey 858-538-5395 beateellinore@gmail.com	Mystery Book Group <i>The Hellfire Club</i> by Jake Tapper A young Congressman stumbles on the powerful political underworld of 1950's D.C. in this "potent thriller." Discussion leader: Georgia Chagala Hostess: Pam Meyer	RSVP: Pam Meyer 11894 Caminito Corriente, San Diego Gate Code #4715, 619-855-4071 pamela.me4@gmail.com

September 24 Tuesday 12:30 p.m. to 4:00 p.m.	Daytime Bridge Carlyn Bowls 858-674-6535 cbowls@roadrunner.com	Hostess: Charlotte Anderson 11956 Adorno Place San Diego	RSVP: Charlotte Anderson 858-385-8947 Charismaanderson35@gmail.com
September 26 Thursday 7 pm	Thursday Evening Book Grp Ann Morgan 858-484-5290 annmorgansd@yahoo.com	Thursday Evening Book Group <i>Mayflower</i> by Nathaniel Philbrick Go on an extraordinary journey to understand the truth behind our most sacred national myth: the voyage of the <i>Mayflower</i> and the settlement of Plymouth Colony. Leader: Michelle Blasberg Hostess: Marilyn Scheininger	RSVP: Marilyn Scheininger 13041 Caminito Bautizo San Diego, 9210 858-232-0678 marilyn.scheininger@gmail.com
September 27 Friday 11:30 a.m.	Travel Group Pam Ames 858-578-4283, 619-889-6229 (cell) pamames123@gmail.com	Travel Group Japanese Restaurant this month. Izakaya Sakura 3904 Convoy St #121, San Diego. <i>Carpool at 11 a.m. at the Freeport Park and Ride.</i>	RSVP: by Sept. 26th Harriet Gerza 858-672-3314 Harriet.gerza@gmail.com