

Adelante!

AAUW Poway Penasquitos Branch

IN THIS ISSUE

Don't miss these **April Events!**

- Three **Friendship Gatherings:** April Fools, High Tea, and Beer. See calendar for details
- Saturday, 4/7 – **Wine FUNDraiser** at Koi Zen
- Saturday, 4/7 – **Travel Group** visits Himalayan Curry
- Wednesday, 4/10 – **General Meeting** with Speaker Cindy Silver, Ovarian Cancer Alliance of San Diego

General Meeting April 10: Ovarian Cancer is No Longer the Silent Killer by Harriet Gerza

There ARE symptoms! There ARE risk factors! However, there is no test for the early detection of this disease...your symptoms may be the only clue that something is wrong! Become aware of these symptoms and risk factors by attending this special program.

You will hear amazing inspirational stories from survivors and you will learn information that can save your life or the life of a woman you love. (And believe it or not, you will even find yourself laughing at times!)

Cindy Silver, Ovarian Cancer Alliance of San Diego's HEAR program, is a long-time survivor of Stage 4 ovarian cancer and is a truly riveting speaker.

Bring friends and family to this amazing presentation. Come early to join us in social time starting at 6:30 p.m. at the Rancho Bernardo Swim and Tennis Club. RSVP: aauwboard@gmail.com



Public Policy Update – Imagine an America

Without a Pay Gap by Archana Maniar, Source: *The Impact of Equal Pay on Poverty and the Economy 2017*, Institute of Women's Policy Research

It is common knowledge that a woman in the United States makes 80 cents per dollar made by a man of similar qualifications. The pay gap is worse for women of color. In an era when women make up nearly 50% of the workforce, this pay gap burdens individual family finances and the economy. A recent study estimated the impact on society if the pay gap was corrected.

How would closing the pay gap be expected to impact families?

- 60% of working women and 66% single working mothers would see an increase in their pay
- Poverty rates for working women would drop by half from 8% to 3.8%
- Poverty rates for single working mothers would drop from 28.9% to 14.5%

How would the US economy benefit?

- Closing the pay gap would increase gross domestic product an estimated \$500 million, roughly 2.6% of the GDP of our entire nation
- The increase in women's earnings would be roughly 16 times what federal and state governments spent in 2015 for temporary assistance to needy families

The pay gap adversely impacts American families. Closing it would raise many out of poverty and reduce the need for public assistance. The question to ask our elected officials is not whether we as a society can afford to pay men and women the same income for the same work. The question is, how can we afford not to?

**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

[www.powayarea-](http://www.powayarea-ca.aauw.net)

[ca.aauw.net](http://www.powayarea-ca.aauw.net)

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

[m](mailto:aauwboard@gmail.com)

AAUW Poway Penasquitos Branch is a 501(c)3 corporation

President: Joan Thompson

Programs: Harriet Gerza

Membership: Jeanni Harrison and Pamela Meyer

Secretary: Janice Heather

Treasurer: Michelle Blasberg

Public Policy: Marie Dye

Happy Hikers – Torrey Pines State Reserve

by Gayle Ziaskas

Our hike on April 6th will be to Torrey Pines State Reserve. We will start at the bottom of the hill and hike up and around Guy Fleming Trail. The wildflowers have started to bloom so it should be beautiful. Those who want to hike further can continue up the hill and hike another trail at the top. This would make for a 1.5-3-mile hike. The tide will be close to high at that point, so we will have to come back down the hill, rather than on the beach. We can all meet back at the bottom to leave together. We will carpool from the Park-n-Ride on Scripps Poway Parkway by Yanni's restaurant at 8:30 a.m.

Peggy Farness, our hike leader, has a park pass and can drive one group. The parking is \$20 on the weekends. If anyone has a CA parks pass, that would be good. If not, we can split the parking fee for additional cars. Please RSVP to Peggy at 858-395-6879 or p3farness2buy@san.rr.com.

Membership Matters Pamela Meyer & Jeanni Harrison, Membership Co-chairs 2019

We hope to add to our current membership by recruiting new members at one of our two remaining Spring Membership Orientations. If you know someone who might be interested in joining us, please invite them to one of our orientation events. Current members are always welcome.

If a prospective member is unable to attend any of the dates below, please email Jeanni Harrison at jeanni@wqpartners.com, and she will mail them a folder with information about AAUW and our Poway Peñasquitos Branch. All orientations are 6:30-7:30 p.m.

- **Wednesday, April 3 at the Rancho Penasquitos Library**
- **Wednesday, April 9 at the 4S Ranch Library**

Friendship Gathering Still Has Openings! by Pam Meyer, Friendship Gathering Chair

Heidi Dalvie and Debbie Lewis are hosting "April Fool's Day, A Day Late!" on Tuesday, April 2nd from 5:30-7:30 p.m. Join them for good food and a silly time with other members of our branch. There are four places left! Email Pam Meyer at aauwboard@gmail.com to let her know you want to attend. Your \$20 donation will go towards our branch's donation to AAUW Funds.

Speech Trek Update by Marie Dye

Our Speech Trek contest winner, Dominique Ruedaflares, is a top three finalist and will now compete at the state finals competition to be held at the AAUW State Annual Meeting in San Diego on Saturday April 6. The contest will be held during lunch that day, 1:15-2:15 p.m. I hope many of you can attend to cheer her on! For more information about the annual meeting visit <http://www.aauw-ca.org/2019-aauw-california-state-annual-meeting/>. The first place prize is \$1500.00; second place prize is \$1000.00; third place prize is \$500.00.

Friendship Tea – Grand Tea Room, Wednesday, April 17 by Debbie Boyd

Make friends, raise funds, and enjoy a lovely high tea at the Grand Tea Room on Wednesday April 17th at 2pm.

- You must call for reservations at 760-233-9500. Reserve with a credit card (no refunds after 4-15-19, but your reservation is transferable). Cost is \$44 including tax, tip and \$10 for AAUW.
- Grand Tea Room 145 W. Grand Ave, Escondido
<https://www.thegrandtearoom.com/>
- Menu: Assorted Tea Sandwiches, Small Garden Salad, Fresh Fruit, Scone with Cream, Lemon Curd and Preserves, and Freshly Steeped Tea of your choice.
- Friends & Family are welcome! Hats admired but not required!



Questions? Call Debbie Boyd at 858-486-4390. There will be a silent auction for a pair of tickets to Fiddler on the Roof at the Civic Theatre on Tuesday May 28th at 7 p.m.

2019 Dues Renewal by Michelle Blasberg

It's time again to renew your membership to AAUW National, State and our local branch. Our branch currently has 136 active members; let's continue the great trend of recruiting and retaining strong women who believe in the mission of AAUW. Your AAUW membership dues are due by June 15, 2019 for the 2019- 2020 fiscal year. Dues remain the same as 2018- 2019: \$96.00, that amount is distributed; \$59.00 National, \$20 State, \$17 Branch.

Michelle Blasberg will be triggering the email invoices through the AAUW national web portal the first week in April. Please use the link provided in your email to go right to the AAUW website and renew your membership. There are many benefits to renewing online: it's quick and easy, you can use a credit card, and most importantly you can round up your dues to donate to AAUW Funds to help the branch reach our required annual donation.

AAUW Funds supports activities critical to the AAUW mission. By giving to the AAUW Greatest Needs Fund or our strategic focus areas, you can make that vision a reality. A donation to the Greatest Needs Fund will help us expand our highly successful, community-based, mission-driven programs such as [Start Smart and Work Smart](#) and the [National Conference for College Women Student Leaders](#), as well as conduct groundbreaking [research](#) and launch innovative initiatives to help women and girls thrive. For more information on AAUW Funds and the details to the program visit the AAUW funds page on the National website: www.aauw.org/resource/the-aauw-fund-faq/

Of course, you may send a check for the full dues amount directly to Michelle Blasberg at 12509 Montero Ct, San Diego, CA 92128. Again, if you'd like to contribute to AAUW Funds as part of your dues renewal, please include the amount you'd like to contribute to AAUW Funds in your check total and Michelle will make sure it gets applied correctly when the renewal is processed.

If you have questions reach out to Pam Meyer, Jeanni Harrison, or Michelle Blasberg.

AAUW Poway Penasquitos Calendar of Events April 2019

Date	Group & Leader	Meeting Description, Place & Time	Meeting Host Info.
Apr 2 Tue 5:30-7:30pm	Friendship Gatherings Pamela Meyer 619-885-4071 Pamela.me4@gmail.com	Friendship Gatherings April Fool's Day – a day late – Surprise Menu – Cost: \$20 donation to AAUW funds Limited to six people	RSVP: Pamela Meyer Pamela.me4@gmail.com Hostesses: Debbie Lewis & Heidi Dalvie, 17206 Cliquot Ct, Poway
Apr 3 Wed 6:30-7:30pm	Membership Pamela Meyer Pamela.me4@gmail.com	Membership Orientation @ Rancho Penasquitos Library. Know someone who	RSVP: Pamela Meyer 619-858-4071 Pamela.me4@gmail.com

	619-858-4071 Jeanni Harrison jeanni@wgpartners.com	might be interested in our branch? Bring a friend and share with them everything that is great about AAUW & our branch.	Jeanni Harrison jeanni@wgpartners.com
Apr 4 Thu 7pm	Great Decisions Marie Dye mdye@san.rr.com	Great Decisions Topic: "Nuclear Negotiations: Back to the Future" Leader: Janice Heather Host: Harriet Gerza	RSVP: Harriet Gerza harriet.gerza@gmail.com 14227Bernabe Ct, SD 92129 858-672-3314
Apr 6 Sat 9am 8:30am/ carpool	Happy Hikers Gayle Ziaskas gzia@aol.com	Happy Hikers Torrey Pines State Park 1.5–3 miles. From base to Guy Fleming Trail and further to top of hill as desired. Flowers in bloom. Carpool P&R Scripps Poway Pkwy by Yanni's	RSVP: Peggy Farness 858-395-6879 p3farness2buy@san.rr.com
Apr 9 Tue 1:30pm	Tuesdays with Books Donna Lucansky 760-741-5000 lonestardonna@gmail.com	Tuesdays with Books <u>Varina</u> , by Charles Frazier Leader: Mary Agne	RSVP: Nancy Bashant 12633 Rue Sienne Nor, SD 92130 858-566-0807 gbatsd@aol.com
Apr 9 Tue 6:30-7:30pm	Membership Pamela Meyer Pamela.me4@gmail.com 619-858-4071 Jeanni Harrison jeanni@wgpartners.com	Membership Orientation @ 4S Ranch Library. Know someone who might be interested in our branch? Bring a friend and share with them everything that is great about AAUW & our branch.	RSVP: Pamela Meyer Pamela.me4@gmail.com 619-858-4071 Jeanni Harrison jeanni@wgpartners.com
Apr 10 Wed 6:30pm 7pm start	General Meeting Rancho Bernardo Swim & Tennis Club 16955 Bernardo Oaks Dr. 92128	General Meeting Program "Ovarian Cancer is No Longer the Silent Killer" Speaker: Cindy Silver, Ovarian Cancer Alliance of San Diego	RSVP: aauwboard@gmail.com
Apr 15 Mon 7:00pm	Games Group Lyn Johnston 858-831-0052 lynjohn@san.rr.com	Games Group	RSVP: Contact Lyn Johnston for location 858-831-0052 lynjohn@san.rr.com
Apr 16 Tue 1:30pm	Tuesdays with Books Pam Ames 858-578-4283 619-889-6229 pamames123@gmail.com	Tuesdays with Books <u>Varina</u> , by Charles Frazier Leader: Pam Ames Hostess & Assist: Linda Allen	RSVP: Linda Allen 13206 Silver Saddle Lane, Poway 858-487-1667 lindainpoway@yahoo.com
Apr 17 Wed 2pm	Friendship Gatherings Pamela Meyer 619-885-4071 Pamela.me4@gmail.com	Friendship Gatherings Tea at The Grand Tea Room, 145 W. Grand Ave. Escondido Friends & Family welcome \$44 incl. tax, tip, \$10 AAUW Hats admired but not required!	RSVP: Call Grand Tea Room for reservations 760-233-9500. Contact Debbie Boyd for more information 858-486-4390 or travelstardebbie@yahoo.com

Apr 20 Sat 11:30am	Travel Group Pam Ames 858-578-4283 619-889-6229 pamames123@gmail.com	Travel Group Himalayan Curry & Grill 10330 Friars Rd, SD 92120 Carpool @ Mira Mesa P&R I-15/MiraMesa Blvd	RSVP: Pam Ames pamames123@gmail.com
Apr 22 Mon 1:30pm	Mystery Book Group Beate Evey beateellinore@gmail.com 858-538-5395	Mystery Book Group Book: <u>Waking Lions</u> , by Ayelet Gundar-Goshen Leader: Pam Meyer	RSVP: Miriam Lauff 11883 Glenhope Rd, 92128 858-486-9626 mimlauff@aol.com
Apr 23 Tue 12:30pm	Daytime Bridge Carlyn Bows 858-674- 6535 or 858-472-4865 cbowls@roadrunner.com	Bridge	RSVP: For info contact Carlyn Bows 858-674-6535 or 858-472-4865 cbowls@roadrunner.com
Apr 23 Tue 5:30-7:30pm	Friendship Gatherings Pamela Meyer 619-885-4071 Pamela.me4@gmail.com	Friendship Gatherings I Like Beer – Try local craft beers & learn about brewing beer. Limited to 8 people Cost: \$20 to AAUW Funds Hostesses: Pam Ames, Georgia Chagala, Jeanene Cook	RSVP: Pamela Meyer 619-858-4071 Pamela.me4@gmail.com Event at the home of Georgia Chagala, 12857 Rockwell Ct, Poway
Apr 25 Thu 7:00pm	Thursday Evening Book Club Ann Morgan 858-484-5290 annmmorgan@aol.com	Thursday Eve Book Club Book: <u>Before We Were Yours</u> , by Lisa Wingate Leader: Lyn Johnston	RSVP/Host: Lyn Johnston 858-831-0052 lynjohn@san.rr.com
Apr	Garden Gals Pam Kirpalani pamkirpalani@gmail.com 858-592-0377	Garden Gals No activity for Garden Gals in April	RSVP: Pam Kirpalani pamkirpalani@gmail.com 858-592-0377

Wine Tasting FUNdraiser & Social



empowering women since 1881

Sun April 7, 2019 2-5pm

\$20 per person

Includes tasting flight of 5 craft wines

Enjoy light refreshments

\$14 of every ticket + 20% of wine sales
will go to AAUW

for more info contact:

AAUWBOARD@Gmail.com



KoiZenCellars.com 858-381-CORK(2675) wine@KoiZenCellars.com

12225 WORLD TRADE DRIVE STE P SAN DIEGO CA 92128

Cannot be combined with club discounts or loyalty cards



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and PQ residents for over 21 years



Poway-Penasquitos Branch Presents

Wednesday, April 10 @ 7:00 pm

Check-in & Refreshments @ 6:30 pm

Rancho Bernardo Swim & Tennis Club

“Ovarian Cancer is no longer the “silent killer!”



Speaker: Cindy Silver,

*Ovarian Cancer Alliance of San Diego's HEAR program
(Hope, Experience, Awareness, Risk)*



There ARE symptoms! There ARE risk factors!! However, there is no test for the early detection of this disease...your symptoms may be the only clue that something is wrong!! Become aware of these symptoms and risk factors by attending this special program.

You will hear amazing inspirational stories from survivors and you will learn information that can save your life or the life of a woman you love. (And believe it or not, you will even find yourself laughing at times!)

Cindy is a long time survivor of stage 4 ovarian cancer and is a truly riveting speaker.

Bring friends and family to this amazing presentation.

RSVP: aauwboard@gmail.com

AAUW Poway-Penasquitos Friendship Gathering



Calling All Beer Lovers!

Sample and learn about local craft beers!

Your hosts:

Pam Ames, Georgia Chagala,
Jeanene Cook

Tuesday, April 23
5:30- 7:30 pm
12857 Rockwell Ct,
Poway
\$20 beer, pub food

Limited to 8 people

Signup:

pamela.me4@gmail.com