

Adelante



AAUW Poway Penasquitos Branch

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Don't miss these
**December Events +
planning ahead!**

- Saturday 12/7 – **Happy Hikers** at Hotel Del Coronado
- Wednesday 12/11 – **General Meeting** and Branch Holiday Party
- January 17-19 – **AAUW-PP Annual Retreat** in Julian
- Saturday, January 18 – **Women's March** in downtown San Diego

December General Meeting – Branch Holiday Party

Don't miss our branch's festive annual holiday party on Wednesday, December 11 at 6:30 p.m. 🎄

Michelle Blasberg is again opening her beautiful home in Rancho Bernardo (12509 Montero Ct, San Diego CA 92128) so that we can ring in the holidays together and celebrate another successful year of service, accomplishments, friendships and fun!

As we've done in the past, members are asked to bring a sweet treat (if your last name starts with A-L) or a savory snack or appetizer (if your last name starts with M-Z).

Also, due to popular demand, we're bringing back a tradition of adopting a nonprofit for the holiday. This year, we're adopting Gently Hugged, a local group that collects gently used baby clothes and distributes them to new moms in need. Several of our AAUW members are involved with Gently Hugged, including Jan Rightmer who will tell us about the organization's work and the women they help. Jan said that any clothing for a baby's first year is appreciated and they especially need pajamas (0-12 months), long-sleeved onesies and girl socks (sizes 0-12 months). Gently Hugged doesn't collect toys but baby board books are always welcome.

The party starts at 6:30 p.m. so don't miss this event. We have much to celebrate! Please RSVP by December 8 to Sheila Walker at sekw@san.rr.com or aauwboard@gmail.com.

Mark Your Calendars for the Women's March on January 18, 2020 by Harriet Gerza

We will once again be joining women all over the country in the Women's March to celebrate Women's Empowerment. Below are the mission and principles of the organizers and a link to more information. <https://womensmarch.com>. Harriet Gerza will be coordinating for those interested in joining our branch's participation on Saturday, January 18, 2020 at 10 a.m. in downtown San Diego. More information will be available later. This is an opportunity to wear your AAUW t-shirt and help carry our banner. This is our 4th year of participation!

The mission of Women's March is to harness the political power of diverse women and their communities to create transformative social change. Women's March is a women-led movement providing intersectional education on a diverse range of issues and creating entry points for new grassroots activists & organizers to engage in their local communities through trainings, outreach programs and events. Women's March is committed to dismantling systems of oppression through nonviolent resistance and building inclusive structures guided by self-determination, dignity and respect.

We believe that Women's Rights are Human Rights and Human Rights are Women's Rights. We must create a society in which women - including Black women, Indigenous women, poor women, immigrant women, disabled women, Jewish women, Muslim women, Latinx women, Asian and Pacific Islander women, lesbian, bi, queer, and trans women - are free and able to care for and nurture their families, however they are formed, in safe and healthy environments free from structural impediments.



Governor Signs 14 AAUW-Supported Bills Into Law by Magaly Zagal, Legislative Advocate for AAUW-CA

The 2018-19 legislative season has come to a close, and by October 13, 2019 Governor Newsom signed 870 bills out of the 1,042 bills that were presented to him. Among the most significant of these were fourteen bills which will become law due to the advocacy and research support offered by AAUW-CA:

AB 9 - Extends the time for filing harassment and discrimination claims under California's Fair Employment and Housing Act (FEHA) from 2 to 3 years, allowing survivors additional time to seek redress.

AB 51 - Prohibits an employer from requiring an employee to waive any right for a labor code violation as a condition of employment, continued employment or receipt of employment benefits.

AB 59 - Directs county elections officials to consider a vote center location on a public or private university with the intent to increase youth voter turnout.

AB 170 - Closes a gap in the law to ensure that employers do not resort to subcontractor agreements for purposes of avoiding liability for sexual harassment claims.

AB 218 - Increases the civil statute of limitations period for commencement of a sexual assault cause of action. This will give sexual assault survivors sufficient time to access civil remedies.

AB 381 - Ensures that prevention and bystander intervention outreach on dating violence information is made available to incoming students during orientation.

AB 543 - Ensures that all 9th through 12th grade students receive a written policy on sexual harassment information during orientation. AAUW's report "Schools Are Still Underreporting Sexual Harassment and Assault" was critical in helping support the legislative analyses for AB 543.

AB 749 - Prohibits the use of "no rehire" clauses in settlement agreements that broadly restrict future employment opportunities for workers settling a sexual harassment or other claims.

AB 809 - Mandates that public postsecondary institutions provide notice to students to ensure that pregnant and student parents are aware of their Title IX rights.

AB 922 - Allows a woman providing human oocytes for research to be compensated for her time, discomfort, and inconvenience in the same manner as other research subjects.

SB 24 - Increases access to reproductive health services for students at public universities and colleges by providing medication abortion at student health centers.

SB 142 - Requires employers to have a written lactation policy and lactation spaces that meet minimum requirements for lactating workers. While existing law requires employers to provide parents with the time and space to express breastmilk, SB 142 places specific guidelines to ensure that parents are sufficiently protected in the workplace.

November Monthly Meeting with Adrian Vore, San Diego Union-Tribune by Janice Heather

The history and future of our hometown newspaper, the San Diego Union Tribune, was the subject of our November monthly meeting. Over 45 members and guests heard SD U-T Readers' Representative, Adrian Vore, discuss past events that shaped the newspaper, the challenges they and the industry face and shared some of the ways the paper tries to engage younger readers. He also addressed the topic of fake news and shared what they do to validate material. After answering several audience questions, we ran out of time, but everyone agreed that it was an interesting evening. We also want to acknowledge that the Hospitality Committee continues to amaze, with a beautiful and delicious spread of homemade goodies, cheeses and sweets, as well as wine and other beverages.



Garden Gals at the San Diego Zoo Safari Park by Jeanene Cook

Garden Gals enjoyed an October garden walk through the World Gardens at the San Diego Zoo Safari Park in Escondido. Branch member Karen Brainard led our walk pointing out some beautiful and unusual plants in the Baja and Old Word Succulent Gardens. Our walk was followed by lunch at Thorntree Terrace where we visited and got acquainted with our newest members.



**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

www.powayarea-

ca.aauw.net

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

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AAUW Poway
Penasquitos Branch is a
501(c)3 corporation

President: Cathy
Burciaga

Membership: Pam
Ames

Programs: Janice
Heather & Sheila
Walker

Secretary: Karen
McGurk

Treasurer: Michelle
Blasberg

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Happy Hikers at Hotel Del Coronado on December 7 by Gayle
Ziaskas

On December 7 we will make our annual hike to Coronado to see the tree at the Hotel Del Coronado. We are changing it up a bit from our usual route by starting at the gazebo in Spreckels Park, which will shorten the hike for those who find the traditional walk a bit too far. Our lunch will be at Miguel's Cocina. We will plan on an 11:30 a.m. lunch so those who want to make it a longer hike can plan accordingly.

We will meet at the carpool lot on Scripps Poway Parkway by Yanni's Restaurant at 8:30 a.m.

Please contact me with your RSVP to let me know if you will be carpooling and if you will join us for lunch. My email is gzia@aol.com, and if you have questions you can email them or call me at (619) 992-7596.

Tech Trek Update by Heidi Dalvie

The dates for Tech Trek 2020 are June 21-28 at UCSD. We are already starting to work on this for next year and need your help.

- If anyone is interested in being a Dorm Mom at the camp, please let us know asap. The Dorm Moms stay at the camp for the entire week and are responsible for a small group of campers. Janice Heather and Ellen Dillon have done this and are good contacts if you have questions.
- We received a generous donation from Hologic last year for our Tech Teck fundraising. Please take a moment to think about any other corporate options for us to contact. Do you know someone at a company who may offer grants/donations like this one? Do you know any individuals or non-profits who may consider donating? We'll do the work, just send us any ideas you may have. AND, if you're inclined to help us work on these ideas, we would welcome your efforts.

You can contact me at hdalvie@san.rr.com with any ideas/questions.

Mark your calendars for Friendship Gatherings by Debbie Boyd

Oscar Night at Harriet's

Sunday February 9th, 2020

Time - TBD

Enjoy appetizers & drinks in your Red Carpet BEST while watching the winners.

Cost \$20 per person or \$30 per couple- spouses/partners are welcome More details will follow.

If you would like to hostess a Friendship Gathering please e-mail Debbie Boyd at travelstardebbie@yahoo.com or call her at (858) 486-4390.

AAUW-PP Annual Retreat, January 17-19, 2020 by Pamela Meyer

Join us for a relaxing weekend at Camp Stevens in Julian, CA. Meet new friends, renew old friendships and have a great time at the "Best Slumber Party in Town!" Take hikes, shop in Julian, listen to an educationally fun program, enjoy games and just take pleasure in the tranquil and peaceful atmosphere of Volcan Mountain. The Retreat flyer is attached to this newsletter. First deposit is due November 15.

Pamela Meyer, 619-855-4071, pamela.me4@gmail.com


AAUW POWAY PENASQUITOS CALENDAR OF EVENTS



December



December 2nd 4th Monday 1:30 p.m. <i>This is November's meeting!</i>	Mystery Book Group Leader: Beate Evey 858-538-5395 beateellinore@gmail.com	<i>Everything I Never Told You</i> by Celeste Ng – A beautifully crafted study of dysfunction and grief. "Lydia is dead. But they don't know this yet." So begins this exquisite novel about a Chinese American family living in 1970s small-town Ohio. Discussion leader: Harriet Gerza Hostess: Honorine Nocon	RSVP: Honorine Nocon 9587 Paseo Montril, San Diego 92129 303-521-0138 honorinenocn@gmail.com
December 1st Thursday 7:00 pm	Great Decisions – Leader: Marie Dye 858-538-1689 mdye@san.rr.com	Great Decisions There is no meeting this month.	RSVP:
December 7th Saturdays-varies 9 a.m.	Hikers Leader: Gayle Ziaskas 858-484-7596 gzia@aol.com	Happy Hikers Our hike will be in Coronado to see the tree at the Hotel Del Coronado. We will start at the gazebo in Spreckels Park. Lunch: 11:30 a.m. Miguel's Covina To carpool, we <u>will meet</u> at the carpool lot on Scripps Poway Parkway by Yanni's Restaurant at 8:30 AM.	RSVP : by December 6th Gayle Ziaskas 858-484-7596 gzia@aol.com
December 10th 2nd Tuesday 1:30 p.m.	2nd Tuesdays with Books Leader: Donna Lucansky 760-741-5000 lonestardonna@gmail.com	Mindful Aging, Embracing Your Life at 50 by Andrea Brandt Helps you throw out the old stereotypes about getting older and move toward the welcoming new evidence that your future is alive with possibility, providing steps to thrive today and into your golden years. Discussion leader: Honorine Nocon Hostess: Karen Krasowski	RSVP: Karen Krasowski 12295 Bajada Road, San Diego, 92128 858-674-1521 kwkra@aol.com
December 11th 2nd Wednesday 6:30-8:30 pm General Meeting	General Meeting – Program Co-chairs Janice Heather 360-982-9719 janiceheather@hotmail.com Sheila Walker 858-722-3761 sekw@san.rr.com	Branch Holiday Party Hostess: Michelle Blasberg Place: 12509 Montero Ct, San Diego Members with last names starting with A-L bring a sweet treat/dessert . Members with names M-Z bring an appetizer or savory snack . Please bring an item for Gently Hugged - used or new baby clothes for the 1 st year.	RSVP: by December 8th Sheila Walker sekw@san.rr.com or aauwboard@gmail.com
December 3rd Monday 7 p.m.	Games Group Leader: Lyn Johnston 858-831-0052 lynjohn@san.rr.com	Games Group Play board games and test your intelligence and quick wit. We usually play in teams, so it is more fun than being in heavy competition! Hostess: Lyn Johnston	RSVP: There is no meeting this month.

December 17th 3rd Tuesday 1:30 p.m.	3rd Tuesdays with Books Leader: Pam Ames 858-578-4283 619-889-6229 (cell) pamames123@gmail.com	<i>Mindful Aging, Embracing Your Life at 50</i> by Andrea Brandt Helps you throw out the old stereotypes about getting older and move toward the welcoming new evidence that your future is alive with possibility, providing steps to thrive today and into your golden years. Discussion leader: Amanda Roth Hostess: Sally Jacobson	RSVP: Sally Jacobson 13433 Appalachian Way, San Diego, 92129 858-538-9869 sjacobs4@san.rr.com
December 19th 4th Thursday Holiday Potluck	Thursday Evening Book Grp Leaders: Ann Morgan/Berina Pennington 858-484-5290 annmmorgansd@yahoo.com	Holiday Potluck Hostess: Michelle Blasberg Place: 12509 Montero Ct. San Diego, 92128 <i>Let her know what you are bringing.</i>	RSVP: by December 17th Michelle Blasberg (858) 674-1916 Michblas09@gmail.com
December 28th Saturdays-varies 11:00 a.m.	Travel Group Leader: Pam Ames 858-578-4283, 619-889-6229 (cell) pamames123@gmail.com	Travel Group 11:00 AM Carpool / Scripps Poway Pkwy Park & Ride – by Yanni's Lunch: 11:30 a.m. Place: <u>Taste of Denmark</u> 142 University Ave, San Diego, 92103	RSVP: by December 27th Pam Ames 619-889-6229 (cell) pamames123@gmail.com
December No outing planned for this month	Garden Gals Different trips and visits to gardens throughout San Diego County	Garden Gals Next field trip planned for February 	RSVP:



Poway – Penasquitos Branch

**You are invited to our
Holiday Party**

Wednesday, December 11 at 6:30 pm

Michelle Blasberg's home

12509 Montero Court, SD 92128

Please bring a dish to share based on you last name

A-L Sweet Treat

M-Z Savory or Appetizer

We will also be accepting donations for

"Gently Hugged"

See Adelante for additional information



RSVP to Sheila Walker aauwboard@gmail.com

Poway Penasquitos AAUW Retreat

A Workout for your brain: Drumming

When: January 17, 18 and 19, 2020
Where: Camp Stevens in Julian – Lax-Sadler Lodge
Time: From 3:00 p.m. Friday, January 17th
Through 12:00 noon Sunday, January 19th

Reservation: \$210.00 (includes cabin lodging, five (5) meals (Program will be extra)

Weekend Activities

Wine Tasting, Relaxing Games, Videos, Puzzles

Hiking in the mountains or shopping in Julian

Book discussions, cooking with CHEF in the kitchen- maybe?

Friday – Ice Breaker

Saturday Drumming (I hope!) If not, something really good! Promise!

Bring a friend or your sister for a weekend away from the routines of the day...

Get away for the weekend, enjoy your time, no cooking, make new friends and learn new things,

OR just relax, relax, relax.....The only rule is that there are no rules!!

Please note that we are limited to 28 women, so reserve early!

QUESTIONS? Email Pam Meyer: pamela.me4@gmail.com or call her at: 619-855-4071

Send form below with your check Cut here

(Reservation for the Retreat includes lodging and meals) Drumming fees are included.

First deposit due by **November 15, 2019** Final deposit due by **January 1, 2020**

_____ \$110.00 first deposit

_____ \$100.00 second deposit

_____ \$210.00 Full amount (checks will be deposited right away)

Please note, balance of \$100.00 is due by January 1, 2020

All money is non-refundable after January 1, 2019

MAKE CHECK PAYABLE TO: PP/AAUW

SEND CHECK TO: PAM MEYER, 11894 Caminito Corriente, SD, CA 92128

Name _____ Cell Phone _____

Mailing address _____

E-mail address _____ All notices will be via e-mail

AAUW Friendship Tea



Wednesday, January 15, 2020 at 2:30 p.m.

Marlene's Tea & Cakes

14677 Via Betona, San Diego 92127

You must call for reservations at (858) 756-4320 & reserve with a credit card
(No refunds after 1-11-2020, but your reservation is transferable)

Menu: Cream of mushroom soup, mini-beef wellington, mini-club, egg salad & other assorted sandwiches, fresh fruit, cranberry & white chocolate scone, several desserts including sticky toffee pudding, chocolate truffle cookie and freshly steeped Tea of your choice.

Cost - \$49 includes tax, tip and \$5 for AAUW Funds

Credit cards accepted day of Tea

Friends & family are welcome ***Hats admired but not required***

<http://marlenesteaandcakes.com/>

Questions- Call Debbie Boyd at (858) 486-4390 or email her at
travelstardebbie@yahoo.com



AAUW San Diego Interbranch Council
Annual Interbranch Luncheon



*First woman and the first
Latina elected as
San Diego City Attorney*
Mara Elliott

“Women in Politics”

Saturday Breakfast

January 25, 2020

9:00 a.m. to 12:00 p.m.

Bernardo Heights Country Club

16066 Bernardo Heights Pkwy, San Diego, CA 92128

Cost \$35

***Breakfast meal includes** ~ Seasonal fruit & berries, Assorted fruit yogurts & granola crunch, Scrambled eggs w/trio of cheese, Applewood bacon, Pan fries w/peppers and onions. Beverage station: coffee, tea or water.*

Reservation deadline: Jan 21, 2020

Send reservations to:

Pamela Meyer, SDIBC Treasurer

Questions? Call 619-855-4071

See reservation form next page

Print this page and fill out for reservations

Mail this reservation **form to:**

Pamela Meyer, SDIBC Treasurer
11894 Caminito Corriente
San Diego, CA 92128

Make check out to: AAUW/SDIBC

Your Name _____ and non *AAUW guest's names:*

_____, _____, _____

Name of Branch _____

Branch position _____

State Position _____

Email address: _____

(in case we need to contact you)

Number of reservations: _____ Amount enclosed: _____