

AAUW Poway Penasquitos Branch

## IN THIS ISSUE

### Don't miss these March events & announcements

- March 9: Monthly Membership Meeting
- March 11: Grape Expectations visits Mission Cellars Urban Winery
- March 19: Happy Healthy Hikers visits Raptor Ridge
- March 25: Travel Chat visits Casa de Pico

## March 9 Membership Meeting Spotlights Women's History

by Janice Heather

We're all looking forward to meeting in person again and we'll have that opportunity at our next monthly membership meeting on Wednesday, March 9.

Since March is Women's History Month, we've invited a representative of the Women's Museum to join us. We'll hear about the museum's new Museum Without Walls concept and the online resources available now about pioneering and important San Diego women.

The meeting is at 6:30 p.m. at Rancho Bernardo Swim and Tennis Club, 16955 Bernardo Oaks Dr, San Diego, CA 92128. Light refreshments will be served.

For questions, please email Janice Heather at [janiceheather@hotmail.com](mailto:janiceheather@hotmail.com).

## Membership Matters

by Pam Ames

As a reminder our AAUW Mission is...To advance gender equity for women and girls through research, education, and advocacy.

As well, our branch welcomes new members who not only appreciate our mission but who would also enjoy meeting like-minded members! Consider introducing your friends to AAUW by bringing them to a General Meeting or an Interest Group such as Book Club or Great Decisions via Zoom, or an in-person event such as a Travel Chat lunch, Grape Expectations winery outing, or Gardens and More activity. Let's hope all our activities can soon be "in person." Contact me with any questions at [pamames123@gmail.com](mailto:pamames123@gmail.com).

## What are You Doing this Year to Mark Equal Pay Day?

by Shelley Mitchell and Ginny Hatfield, AAUW CA Public Policy

AAUW believes that pay equity and equal employment opportunity are matters of simple fairness. We know that on the average, women earn about 80 cents for every dollar men earn. Started by the National Committee on Pay Equity (NCPE) in 1996, the goal of Equal Pay Day was to raise awareness about the gender wage gap.

Each year this date symbolizes how far into the year women must work to earn what men earned in the previous year. The date normally moves earlier each year as the wage gap closes, as women's average wages rise faster than men's. Equal Pay Day was traditionally a Tuesday in April, but happily, in 2021, the date was March 24, meaning that things had improved. And this year the news is even better – all women in the aggregate will reach parity with all white men on March 15, 2022. Better, but we're still not there.

On June 10, 2021, the Paycheck Fairness Act, which had passed the House of Representatives and amends the Fair Labor Standards Act of 1938 by providing more effective remedies to victims of wage discrimination based on sex, was filibustered in the Senate on a 49-50 vote. Now is the time to let your elected officials know how you feel about this failure to codify pay equity.

AAUW Branches throughout the country have marked this day with activities that highlight the wage gap. Here are some suggestions for things your branch can do.

- Write your representatives in Congress to encourage them to support the Paycheck Fairness Act.
- Encourage your local city council or county board of supervisors to issue a proclamation in support of pay equity.

- Wear Red to symbolize that women's paychecks are "in the red" when compared to men.
- Write a letter to the editor of your local paper or offer to submit an op-ed.
- Share a timely post on social media to spread awareness.
- Hold an event on your local campus and offer cookies to women that are proportionately smaller than the ones you offer to men. Also invite participants to become student affiliate members of AAUW.
- Invite community members to an "unhappy hour."

Whatever you decide to do, start planning now. We can't wait for equal pay!

You can get more information and samples of proclamations and letters from the National Committee on Pay Equity. You can also find out more on AAUW National's website on Pay Equity at <https://www.aauw.org/resources/article/pay-gap-faqs/>.

## Travel Group *Travel Chat In-person!*

by Pam Ames

Photo of our January outing to Costa Brava for a tapas lunch and travel chat about Spain and other adventures.

Our next chat session will be Friday, March 25 at Casa de Pico in Grossmont Center, La Mesa at 11:00 a.m. Carpool will be from Mira Mesa Park & Ride at I-15 at Mira Mesa Blvd at 10:30 a.m. All are welcome to join us, just RSVP to Pam Ames by noon on March 23. [pamames123@gmail.com](mailto:pamames123@gmail.com).



## Speech Trek Update by Karen McGurk

Enthusiasm is building for the upcoming Speech Trek competition on March 12. So far this year, our efforts have resulted in 13 interested students with 5 actual applicants. We're excited that our program continues to grow.

As a reminder, this year's competition will be held virtually, and the topic is: *Has the US lived up to its pledge of liberty and justice for all? Would requiring the study of diversity, equity and inclusion in a high school setting help ensure liberty and justice for all?*



## Joint IBC Meeting on June 25, 2022 - SAVE THE DATE! by Harriet Gerza

Our joint IBC Luncheon Meeting has been rescheduled to Saturday, June 25 at 11 a.m. It's been awhile since we have all gathered to share with other branches and catch up on what's been happening! We are looking forward to seeing members from all the branches at the Shadowridge Country Club in Vista. Harriet Gerza will be coordinating any carpools if you are interested in attending. We have a great speaker, Erica M Pinto, Chair for Jamul Indian Village of California, who will give us an overview of her tribe's background and current activities. We'll also be installing our new officers and conducting our business meeting where we share information on local and state activities, Tech Trek, and other activities for the year. Please mark your calendars and join us!

**AMERICAN  
ASSOCIATION OF  
UNIVERSITY WOMEN  
POWAY PENASQUITOS  
BRANCH**

**Diversity Statement**

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

**Mission Statement**

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

**AAUW's Value Promise**

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

**National AAUW**

[www.aauw.org](http://www.aauw.org)

**California AAUW**

[www.aauw-ca.org](http://www.aauw-ca.org)

**PowayPenasquitos  
AAUW**

[www.powayarea-](http://www.powayarea-)

[ca.aauw.net](http://ca.aauw.net)

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

[m](mailto:m)

AAUW Poway Penasquitos Branch is a 501(c)3 corporation

**President:** Cathy Burciaga

**Programs/1st Vice**

**Presidents:** Janice Heather & Sheila Walker

**Membership:** Pam Ames

**Secretary:** Karen McGurk

**Treasurer:** Michelle Blasberg

**Gardens and More** by Joan Natoli, Coordinator

**Friday, March 4<sup>th</sup> at 10:00 a.m. Japanese Friendship Garden Tour and Lunch.**

Cherry Blossoms? We can only hope! A week before the Cherry Blossom Festival we will take a one-hour tour with a docent (limit 12 people) the Japanese Friendship Garden in Balboa Park! As it is just a week before the blossoms officially arrive, we may be in for a real treat. Afterward, we eat at the casual Japanese food stand outside the pavilion or we can eat at a Japanese restaurant with lunch service nearby - **let me know if you can recommend one! Please let me know ASAP if you would like to go. We may end up having a waiting list!** We will leave from the Park and Ride on the east side of Carmel Mountain, north of the shopping center, at 9:10 a.m. RSVP to me by email [itolanj@sbcglobal.net](mailto:itolanj@sbcglobal.net).

**Friday, April 1<sup>st</sup>: Idea and Hostess Needed.** I may not be able to attend. Please contact me if you can help [itolanj@sbcglobal.net](mailto:itolanj@sbcglobal.net). Thanks so much!

**Friday, May 6<sup>th</sup>: Savoring Succulents in the Sun.** We will be creating lovely potted arrangements from cuttings at Ilene Buchenau's house. More info next month. And yes, there will be a patio and probably a potluck!

**Tech Trek Update** by Heidi Dalvie, Ellen Dillon, Debbie Lewis, Co-Coordinators

We are starting to get busy with Tech Trek 2022!

Joan Fisher and Marsha Swails will be the Co-Directors at UCSD for Tech Trek this year and Mary Isaac will run the virtual camp for the whole state of California. The UCSD Co-Directors have decided that the UCSD camp will not be in-person this year, and will be an online, virtual camp like we did last year. However, instead of three virtual camps offered across the state of California (like last year), there will be only two weeks of Tech Trek camp this year and they will be: June 19-25 and July 24-29.

Our branch has requested 7 slots for campers this year and the cost is \$500/student. We will soon begin to recruit, interview, and select girls from Meadowbrook, Black Mountain, and Mesa Verde Middle Schools.

**Want to get involved? Volunteer Opportunities for YOU!** We will likely need MORE volunteers than last year because we are doing all virtual camps in two weeks, whereas last year we had 3 different camps. All coaches from last year will be contacted to see if they want to return to virtual camp this year. Volunteers are needed for:

- Logistics Coordinator
- Build Coach
- Social Coach
- Workshop Coach

For volunteer job descriptions and to apply, please go to the volunteer interest form at: <https://docs.google.com/forms/d/e/1FAIpQLSc5k2KaGV4oOcBleIKurG64YyLkMYyVQ8l5Bji75bE3Qts1Jg/viewform>.

Mary Isaac is looking for a new virtual camp Treasurer, too. If you're interested, please send an email to [techtrek-virtual@aauw-ca.org](mailto:techtrek-virtual@aauw-ca.org) and complete the Volunteer interest form at

<https://docs.google.com/forms/d/e/1FAIpQLSc5k2KaGV4oOcBleIKurG64YyLkMYyVQ8l5Bji75bE3Qts1Jg/viewform>. Select 'Virtual coach' as your role and write in that you are interested in the 'camp treasurer' role in the "What-I-Bring-to-the-Party" question.

A new course may be added to the Tech Trek curriculum for this year. In addition to the Qualcomm Wearable Tech course (the robotic hat), the General Atomics physics workshops will likely be repeated, and they will also be soliciting additional proposals. If you have ideas or contacts at local companies who can provide an interesting program or virtual field trip, please contact [techtrek-virtual@aauw-ca.org](mailto:techtrek-virtual@aauw-ca.org).

We hope you consider volunteering with our Tech Trek program! As we always say, one of the most important parts of Tech Trek is not only the camp itself but all the wonderful women of all ages who will contribute their precious and limited time to so many girls' futures!



## **Grape Expectations** by Janice Heather

Our intrepid branch members continue to explore local wineries monthly! So far, Grape Expectations members have been to Domaine Artefact and Speckled Rock Wineries on Highland Valley Road and on Friday, March 11, the group will visit Mission Cellars Urban Winery in Poway.

Member Debbie Lewis will send emails closer to the date to get a head count. In addition to being conveniently located, tastings are reasonably priced and include 5 wines. Red wine flights are \$13, White wine flights are \$11 and Mixed (2 whites, and 3 reds) are \$12.

Our reservation is for Friday, March 11 at 3:00 - 4:30 p.m. Mission Cellars Urban Winery is located at 14053 Midland Road, Poway 92064. Check out their wines at <https://www.missioncellars.net/>.



## **Happy Healthy Hikers Visit Sycamore Canyon**

by Mary Alice Rudelich

These 7 intrepid, Healthy, Happy Hikers completed the Sycamore Canyon hike on a rainy, cool day. It was a beautiful hike in Poway.

On March 19 we will meet at 8:00 a.m. at 14255 Highland Valley Road to hike Raptor Ridge. The hike is 4.4 miles round trip with a gain in elevation and gorgeous views. Easy to semi moderate. Linda Johnston will be leading. RSVP to Mary Alice Rudelich, 801-440-2601, [Mary.rudelich@aol.com](mailto:Mary.rudelich@aol.com).



# AAUW POWAY PENASQUITOS CALENDAR OF EVENTS



## March



<p><b>March 3<sup>rd</sup></b> <b>1<sup>st</sup> Thursday</b> <b>6.30 p.m.</b></p>	<p><b>Great Decisions</b> Marie Dye 858-733-2850 <a href="mailto:mdye@san.rr.com">mdye@san.rr.com</a></p>	<p><b>Great Decisions - discussion on "Outer Space Policy"</b> <b>Discussion leader:</b> Karen McGurk.</p> <p>We will be sending a Zoom link to the Great Decisions group for those who wish to participate online. If interested, please contact Marie Dye at <a href="mailto:mdye@san.rr.com">mdye@san.rr.com</a></p>	<p><b>RSVP to:</b> Michelle Blasberg at <a href="mailto:michblas09@gmail.com">michblas09@gmail.com</a> if you plan to attend. We will meet at the Michelle's home at 6:30 p.m.</p>
<p><b>March 4<sup>th</sup></b> <b>1<sup>st</sup> Friday</b></p>	<p><b>Gardens and More</b> Joan Natoli 559-303-2382 <a href="mailto:itolanj@sbcglobal.net">itolanj@sbcglobal.net</a></p>	<p><b>Friday, March 4th at 10:00 a.m.</b> Japanese Friendship Garden Tour in Balboa Park. Lunch afterwards. Cherry Blossoms? We can only hope! we will take a one-hour tour with a docent (limit 12 people) the Japanese Friendship Garden in Balboa Park!</p>	<p>Please let Joan know ASAP if you would like to go. We may end up having a waiting list!</p> <p><b>RSVP to:</b> Joan Natoli by March 2nd. <a href="mailto:itolanj@sbcglobal.net">itolanj@sbcglobal.net</a></p>
<p><b>March 9<sup>th</sup></b> <b>Wednesday</b> <b>6:30 p.m.</b></p>	<p><b>General Meeting Program Co-chairs</b>  Janice Heather <a href="mailto:janiceheather@hotmail.com">janiceheather@hotmail.com</a>  Sheila Walker <a href="mailto:sekw@san.rr.com">sekw@san.rr.com</a></p>	<p><b>General membership meeting</b> RB Swim &amp; Tennis Club, 16955 Bernardo Oaks Drive</p> <p><b>Program: Women's History Month and SD Women's Museum</b></p> <p>Light refreshments will be served</p>	<p><b>For more information and to RSVP:</b> <a href="mailto:aauboard@gmail.com">aauboard@gmail.com</a></p>
<p><b>March 11<sup>th</sup></b></p>	<p><b>Grape Expectations</b> Janice Heather <a href="mailto:janiceheather@hotmail.com">janiceheather@hotmail.com</a></p>	<p><b>Grape Expectations Wine tasting group</b> Mission Cellars Urban Winery 14053 Midland Road, Poway</p>	<p><b>RSVP by March 9 to:</b> Debbie Lewis <a href="mailto:Lewis32d@gmail.com">Lewis32d@gmail.com</a></p>
<p><b>March 15<sup>th</sup></b> <b>3<sup>rd</sup> Tuesday</b> <b>1:30 p.m.</b></p>	<p><b>Page Turners</b> Pam Ames 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a></p>	<p><b>The Kurdish Bike by A. Lighborn</b> <i>is a novel of love, betrayal and redemption. Well-developed characters face life-and-death decisions and are not always who they seem. Unexpected changes back home have devastating impacts on the expatriates. And it is impossible to determine who is a genuine ally in such a foreign setting. Add to this the main character's desire for inner transformation, and you have a must-read</i></p>	<p><b>RSVP to:</b> Pam Ames 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a> <b>to receive the Zoom Link.</b></p>

		<i>page turner that haunts the reader for months. <b>Leader: Jan Rightmer</b></i>	
<b>March 19<sup>th</sup></b> <b>Different Saturdays</b> <b>8:00 a.m.</b>	<b>Happy, Healthy Hikers</b> Mary Alice Rudelich <a href="mailto:Mary.rudelich@aol.com">Mary.rudelich@aol.com</a> 801-440-2601	We will meet at 14255 Highland Valley Road to hike <b>Raptor Ridge</b> . The hike is 4.4 miles round trip with a gain in elevation and gorgeous views. Easy to semi moderate. <b>Linda Johnston</b> will be leading the hike.	<b>RSVP to:</b> Mary Alice Rudelich <a href="mailto:Mary.rudelich@aol.com">Mary.rudelich@aol.com</a> 801-440-2601
<b>March 21<sup>st</sup></b> <b>3<sup>rd</sup> Mondays</b> <b>1 p.m.</b>	<b>Games Group</b> Debbie Boyd <a href="mailto:travelstardebbie@yahoo.com">travelstardebbie@yahoo.com</a> 858-486-4390	Contact Debbie Boyd for more information. <b>Location TBD</b>	<b>RSVP to:</b> Debbie Boyd <a href="mailto:traveldebbie@yahoo.com">traveldebbie@yahoo.com</a> 858-486-4390
<b>March 24<sup>th</sup></b> <b>4<sup>th</sup> Thursday</b> <b>7:00 p.m.</b>	<b>Thursday Book Club</b> Ann Morgan 858-484-5290 <a href="mailto:annmmorgansd@yahoo.com">annmmorgansd@yahoo.com</a>  Marilyn Scheininger 858-232-0678 <a href="mailto:marilynrs@att.net">marilynrs@att.net</a>	<b>The Night Watchman by Louise Erdrich</b> <i>Thomas Wazhashk is the night watchman at the jewel bearing plant, the first factory located near the Turtle Mountain Reservation in rural North Dakota. He is also a Chippewa Council member who is trying to understand the consequences of a new "emancipation" bill on its way to the floor of the United States Congress. It is 1953 and he and the other council members know the bill isn't about freedom; Congress is fed up with Indians. The bill is a "termination" that threatens the rights of Native Americans to their land and their very identity. How can the government abandon treaties made in good faith with Native Americans?</i> <b>Discussion led by Ann Morgan</b>	<b>RSVP to:</b> Ann Morgan 858-484-5290 <a href="mailto:annmmorgansd@yahoo.com">annmmorgansd@yahoo.com</a> <b>To get the Zoom Link</b>
<b>March 25<sup>th</sup></b> <b>10:30 a.m.</b>	<b>Travel Group</b> Pam Ames 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a>	<b>PLACE:</b> Casa De Pico 5500 Grossmont Center Dr La Mesa, CA  <b>CARPPOOL:</b> 10:30 a.m./ Mira Mesa/I-15 Park & Ride	<b>RSVP to:</b> Pam Ames 619-889-6229 (cell) <a href="mailto:pamames123@gmail.com">pamames123@gmail.com</a>
<b>March 28<sup>th</sup></b> <b>4<sup>th</sup> Monday</b> <b>1:30 p.m.</b>	<b>Mystery Mondays</b> Pamela Meyer 619-855-4071 <a href="mailto:Pamela.me4@gmail.com">Pamela.me4@gmail.com</a>	<b>The Lost Apothecary by Sarah Penner</b> A forgotten history. A secret network of women. A legacy of poison and revenge. Welcome to The Lost Apothecary... <i>Hidden in the depths of eighteenth-century London, a secret apothecary shop caters to an unusual kind of clientele. Women across the city whisper of a mysterious figure named Nella who sells well-disguised poisons to use against the oppressive men in their lives. But the apothecary's fate is jeopardized when her newest patron makes a fatal mistake sparking a string of consequences that echo through the centuries.</i> <b>Leader: Pamela Meyer</b>	<b>RSVP to:</b> Pamela Meyer 619-855-4071 <a href="mailto:Pamela.me4@gmail.com">Pamela.me4@gmail.com</a> <b>To get the Zoom link</b>



**San Diego County InterBranch Council (SDC-IBC)**

**Annual All-Branch Luncheon**

**Saturday, June 25, 11:00am**



**Shadowridge Golf Club**  
1980 Gateway Drive, Vista 92081



empowering women since 1881  
Cabrillo-Diego  
Carlsbad-Oceanside-Vista  
Del Mar-Leucadia  
Fallbrook  
La Mesa-El Cajon  
Poway-Peñasquitos  
Rancho Bernardo  
San Diego

The Carlsbad-Oceanside-Vista and Poway-Peñasquitos Branches cordially invite you

**Our Special Guest Speaker:**

*We are excited to hear Ms. Pinto tell us about the fascinating work she has been doing since joining the tribal council at the tender age of only 21 – creating jobs, promoting economic growth, health, fitness and technology, all while protecting and promoting the tribe’s native culture and heritage.*



*Erica M. Pinto, Chairwoman  
Jamul Indian Village of California*

to join us for lunch and a rousing good time together after two years of you-know-what! Renew old friendships and meet new friends, bid on enticing silent auction items to take home, and hear what the other members have been up to. See you at lovely Shadowridge!

**Questions? Call or text Cathy at (858) 449-5096, or e-mail [cburciaga@san.rr.com](mailto:cburciaga@san.rr.com)**

**RSVPs are a Must - by June 18 please!**

**Yes, (name) \_\_\_\_\_ will be there.**

**And, I am bringing \_\_\_\_\_ guests: \_\_\_\_\_**

**Select Your Entrée(s):**  Artichoke Chicken  Butternut Squash Ravioli (Veg)  
 Pan-seared Salmon with Lemon Dill Sauce

**Cost: \$40. Enclosed is my check payable to "SDC-IBC".**

**Tear off this reply & mail to: AAUW IBC Luncheon, PO Box 262012, San Diego, CA 92196**