

Adelante



AAUW Poway Penasquitos Branch

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Don't miss these January events & announcements

- January 20: Grape Expectations visit Orfila Winery
- January 21: Happy Healthy Hikers visit Ramona Grasslands
- January 28: Inter-Branch Luncheon
- Gov Trek is recruiting volunteers!

President's Message by Michelle Blasberg

Happy New Year!! As we get ready to raise a glass to 2023, there are some important programs that I'd like to share with you.

- IBC Luncheon: Mark your calendar for the annual IBC Inter-Branch Luncheon, Saturday January 28 at The Old Spaghetti Factory in San Marcos. The speaker will be Guadalupe Corona, Director of the Office of Student Equity Programs & Services at Southwestern Community College District. Please complete the registration flyer attached to this Adelante and mail it to the address listed on the form. Let's get a good group of Poway-Penasquitos members at the luncheon.
- Fall Campaign: To those of you who have already sent in your Fall Campaign donations, thank you. For those who have not yet sent in your donation, it's not too late. If you need the form, please let me or Sheila Walker know and we can get a copy to you.
- Speech Trek: The competition is set to be in person on February 4. If you'd like to help or just attend please reach out to Karen McGurk.
- Gov Trek: This is a statewide program to get high school girls interested in Public Service. Please reach out to Janice Heather for more information.
- Cover to Cover 2023: The event is scheduled for Sunday May 21 at Maderas Country Club. We are still actively collecting gift cards and bottles of wine to sell at Cover to Cover. If you have points from your

credit card rewards program, it's a great way to order gift cards to donate to the branch to sell at Cover to Cover. Also, we will be selling bottles of wine, so if you'd like to donate a bottle of good quality wine we will happily accept it. Please reach out to Pam Meyer or myself and we will be happy to pick up your donations.

- Tech Trek: It's back and in person this summer. Heidi Dalvie, Ellen Dixon and Debbie Lewis will be working with the middle school liaisons to identify 8 middle school girls to send to this year's camp at UCSD.

As you can see, we have a very busy group of programs for this year. As your President, I couldn't be prouder of how our branch supports the mission of AAUW.

Elections Finally Over – How'd We Do in '22? by Kathi Harper, Public Policy Chair AAUW

California

The election is finally over! In addition to an end to the non-stop requests for donations, AAUW members can be pretty happy with the results. Here are a few highlights:

- 1 woman each was added to the U.S. House and the U.S. Senate, bringing the numbers to 124 (H) and 25 (S)
- Of the total of 149, 54 are women of color
- We lost the most powerful woman in government (Nancy Pelosi) but still have a woman on the Minority leadership team, Minority Whip Katherine Clark
- Governors of 12 states are now women
- 23% of all mayors across the nation are women, including our brand new and **first** female mayor of Los Angeles, Karen Bass
- 20 women won new seats in the California Legislature and 30 female incumbents were re-elected, bringing the total to 50 – but still just 42%
- All executive positions in California except Governor are filled by women, including Secretary of State, Lieutenant Governor, Treasurer, and Controller, as well as the Senate Pro Tem

- Proposition 1 prevailed and women's right to control their own reproductive choices is now enshrined in our constitution.

And here are some fun facts:

- Only 3.2% of all members of Congress to date have been women
- California has sent more women to Congress than any other state – a total of 47 to date
- Vermont is the only state that has never sent a woman to either the House or the Senate

The State Public Policy committee thanks each and every AAUW California member who voted, who assisted in our Voter Education (VE) campaign by spreading our messages on social media, who took the pledge to vote for Prop 1 (we had 437 sign up!) and who worked within their branches to do their own VE events.

For a more detailed analysis of the election results, visit <https://www.aauw-ca.org/got-voter-fatigue/>

Holiday Party December 14 photos by Ellie Slade

...and a good time was had by all!



Happy Healthy Hikers visit Ramona Grasslands by Mary Alice Rudelich

The Healthy Happy Hikers are beginning the 2023-year by hiking Ramona Grasslands County Preserve. On Saturday, January 21, we will meet at the preserve at 9 a.m. for an easy hike with a slight incline. Ramona Grasslands sits in the Santa Maria Valley between scenic coastal mesas and the rocky outcrops of the peninsula mountain ranges.

Start the new year right and join us for a morning hike. Please RSVP to mary.rudelich@aol.com for more information. Happy New Year, from Mary Alice and Jo



Happy Healthy Hikers Visit Hotel Del Coronado

Membership Recruitment Rockstars! by

Harriet Gerza

Thanks to two of our members who have recruited new members to our branch and to express our appreciation, we awarded them a shiny AAUW mug for their enjoyment. Thank you to Mary Agne and Desiree Maubert! Bring in a new member and this could be you next!

Remember our elevator speech: **“Our mission is to advance equity of women and girls through advocacy, education, philanthropy and research.”**



Grape Expectations Starts New Year at Orfila Winery by Janice Heather

Please join us to kick off a new year of Grape Expectations on Friday afternoon, January 20 between 3-5 p.m.!

We're taking our explorations to Orfila Winery, located at 13455 San Pasqual Road in the San Pasqual Valley. Orfila is probably the largest winery we've visited, and you can read more about them on their website.

<https://www.orfila.com/>

Please let me know if you're coming so I can grab a large enough space. RSVP to janiceheather@hotmail.com. We'll also carpool to make parking easier and carpool information will be sent to everyone who replies.

P.S. *Don't forget to invite friends to join us!* Grape Expectations outings are a great opportunity to bring friends to learn more about our branch.

Lobby Days are Here Again by Ginny Hatfield, AAUW California Public Policy Committee Member

Save the Dates March 21st and March 22nd are the AAUW CA scheduled Lobby Days, so mark your calendars and be sure to sign up to participate when our Lobby Day registration arrives in your January mailbox.

Advocating for our top 3 priority bills is fundamental to achieving our legislative priorities by addressing economic security for all women, providing equal access to public education, and insuring social and racial justice for all members of society. We need all members on board and will be counting on you to reach out to our elected officials in the CA legislature.

Our Public Policy Committee will make it easy for you to do so. This year instead of a full week, Lobby Day will consist of two days and will occur while the legislature is in session, not on break. Hopefully, this will provide more opportunity to actually speak with a member in lieu of a staffer. Our plans are to make it hybrid – virtual and in-person. Those branches in and around Sacramento would have the option of in-person meetings at the Capitol with the remaining branches meeting virtually or in-person with staffers in the district. So, a bit more flexibility this year as the committee feels it's beneficial to establish relationships with our elected leaders' local staff.

Our AAUW legislative Advocate will be scheduling meetings with the member offices willing to participate, and once you return your Lobby Day survey, the committee will begin to assemble branch participants and match them with Assembly and Senate districts in order to assign teams. We will provide you with material on the bills we are supporting and have scheduled a mandatory training webinar for March 20th, so you'll have the information at your fingertips. If you have participated in Lobby Day in the past, we would love to hear from you on what worked and what didn't, please send your comments to publicpolicy@aauw-ca.org.

Lobby Day is our chance to make a concerted impact on the priorities and values we, as AAUW members, hold dear. It brings out the “advocates” in all us for improving the economic and educational lives of women and girls. And goodness knows, we need that commitment now more than ever. So, mark those calendars and join us on Lobby Day/s.

Gardens and More: Fun Adventure at Lightscape by Joan Natoli, Coordinator

First: Lightscape at the San Diego Botanical Gardens runs through January 2! They have also discounted the price! It is definitely worth the visit! Both oldsters, parents, and elementary age students will enjoy the lights, music, and holiday fun. There are several places to buy food. (You cannot bring in food.) The walk takes about an hour. Be sure to arrive to park at least 15 minutes ahead of your assigned time. <https://sdbg.org/lightscape/>

Second: Our small troop, Deborah Boyd, Cheryl Leist (a long-time member), my husband, Steve, and I, Joan Natoli, had a wonderful time, walking at a relaxed pace, admiring the awesome creativity of whimsical, awesome, and/or beautiful displays. All were accompanied by various musical delights! Here are a few pictures!

Contact Joan with any questions at itolanj@sbcglobal.net or 559-303-2382.



**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

[www.powayarea-](http://www.powayarea-ca.aauw.net)

[ca.aauw.net](http://www.powayarea-ca.aauw.net)

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

[m](mailto:aauwboard@gmail.com)

AAUW Poway Penasquitos Branch is a 501(c)3 corporation

President: Michelle Blasberg

Programs/1st Vice

Presidents: Karen McGurk, Joie Nolasco, Ellie Slade

Members/2nd Vice

Presidents: Harriet Gerza, Linda Johnston

Secretary: Joan Natoli

Treasurer: Sheila Walker



Speech Trek Prepares for February 4 by Karen McGurk

We are seeking high school students who are interested in discussing the right to vote. The Speech Trek competition on Saturday, February 4 will provide an opportunity for them to share their thoughts and win great prizes. This year's topic is: How can communities, organizations, and citizens of all ages help protect and expand voting rights? The registration deadline is Saturday, January 21. Please share this information with friends and family to help us spread the word. Questions? Contact Karen McGurk at aauwboard@gmail.com, and please add Speech Trek to the Subject Line.

Gov Trek is Recruiting by Janice Heather

Do you know a girl in 11th or 12th grade who'd like to learn more about careers in government, politics & public service?

Would you like to help girls learn how they can be part of our government, shaping programs and setting priorities for our communities?

If so, check out GovTrek, a new, free online program sponsored by AAUW California. Over five Saturdays, starting January 28, girls will learn about careers in public service and public office.

They'll hear from women who've run campaigns or run for office and connect with other young women in California who share their goals and ideals. They'll also learn important skills like public speaking, team building, how to write speeches, and design political fliers, ads, and voter outreach plans.

To make this program work, though, we need volunteers and that's where our talented and dedicated members come in! We need Zoom Breakout Room Facilitators who can:

- * Manage a group of up to 15 students in a Zoom breakout room.
- * Help participants stay on task.
- * Assist with assigned activities.
- * Facilitate collaboration among the group.

Groups will be mostly self-directed. Volunteers must be 18 or older, but no specialized expertise is required. The desire to help participants successfully complete their activities and projects is essential. Training will be provided in January.

Interested volunteers can apply on our website. To find more information about the program and how to get involved, go to <https://www.aauw-ca.org/documents/2022/11/gov-trek-11-16-22-presentation.pdf>.

Teck Trek by Heidi Dalvie, Ellen Dillon, Debbie Lewis, Poway-Penasquitos Branch Tech Trek Co-Coordinators

We are very pleased to say that Tech Trek is scheduled to be in person at UCSD in 2023. There will be two different camp sessions, one in person and one virtual, with each camper applicant choosing her camp preference.

Our branch will be sending eight girls to camp this year. We have reached out to our school liaisons with this information and they are eager to work with us again to support Tech Trek. After we complete and submit the MOU, the camper application process will begin in January.

AAUW POWAY-PENASQUITOS CALENDAR OF EVENTS

January 2023

Date	Group	Topic	Group Leader	Meeting Details	Good to Know
January 10	Page Turners	"The Personal Librarian" by Marie Benedict	Pam Ames, pamames123@gmail.com	1:30 p.m. meeting. Host is Miriam Lauff, 11883 Glenhope Road. RSVP to Pam Ames at pamames23@gmail.com	Meets monthly on the second Tuesday at 1:30 p.m. If you want to join the discussion, email Pam Ames.
January 16	Games Group	N/A	Debbie Boyd, travelstardebbie@yahoo.com	Meet at 1:00 at the home of Vicki Kiehl, 9736 Indian Creek Way, Escondido. Please RSVP to Debbie at travelstardebbie@yahoo.com	Play board games once a month at a member's home.
January 20	Grape Expectations	N/A	Janice Heather, janiceheather@hotmail.com	3-5 p.m. at Orfila Winery, 13455 San Pasqual Road, Escondido. www.orfila.com RSVP to Janice by January 16.	We've visited a number of local wineries since we started this interest group in January of 2022, and we have more planned for the new year. So, please join us. These are also great events to bring friends to.
January 21	Happy Healthy Hikers	N/A	Mary Alice Rudelich, mary.rudelich@aol.com	Meet at Ramona Grasslands County Preserve at 9 a.m. for an easy hike with a slight incline. Start the new year right by joining us for a hike! RSVP to Mary Alice	Hikes are once a month ranging from easy to moderate levels.
January 23	Mystery Book Group	"Five Decembers" by James Kestrel	Pam Meyer, pamela.me4@gmail.com	Meet at the home of Karen McGurk, 14905 Derringer Road, Poway. RSVP to Karen if you can attend.	Meets the fourth Monday of every month. Want to join the discussion? Email Pam Meyer.
January 26	Evening Book Group	"The Engineer's Wife" by Tracey Enerson Wood	Ann Morgan, annmmorgansd@yahoo.com Marilyn Scheininger, marilyn.scheininger@gmail.com	Meet at 7:00 p.m. at the home of Lyn Johnston, 9330 Chabola Road, Rancho Penasquitos. RSVP to Lyn at lynjohn@san.rr.com	Group meets the fourth Thursday every month. If you want to join the discussion, please email Ann or Marilyn.
January 28	IBC luncheon	N/A	Pam Meyer, pamela.me4@gmail.com	Old Spaghetti Factory in San Marcos. Speaker will be Guadalupe Corona, Director of the Office of Student Equity Programs & Services at Southwestern Community College District. 11:30 a.m. RSVP to Pam Meyer if you want to sit at the Poway-Penasquitos table. pamela.me4@gmail.com	IBC is the Interbranch Council for San Diego County. This luncheon is an annual event for all San Diego county AAUW branches. Come and meet your fellow colleagues!

No meeting in January	Travel Group	N/A	Pam Ames, pamames123@gmail.com		Meets monthly at various local restaurants.
No meeting in January	Gardens and More	N/A	Joan Natoli, itolanj@sbcglobal.net		Meets monthly at various locations. If you have suggestions for future events, please contact Joan.
No meeting in January	Great Decisions	N/A	Joan Natoli, itolanj@sbcglobal.net		Meets the first Thursday of every month except December, January, and August.

San Diego County InterBranch Council (SDC-IBC)

Annual All-Branch Luncheon

Saturday, January 28, 2023, 11:30am



- Cabrillo-Diego
- Carlsbad-Oceanside-Vista
- Del Mar-Leucadia
- Fallbrook
- La Mesa-El Cajon
- Poway-Peñasquitos
- Rancho Bernardo
- San Diego



The Old Spaghetti Factory

111 N. Twin Oaks Valley Rd
San Marcos

The **Fallbrook** and **La Mesa-El Cajon** Branches cordially invite you to join us for lunch

Our Special Guest Speaker:



Guadalupe Corona, Ed.D.

Director of the Office of Student Equity Programs & Services for the Southwestern Community College District. For over 25 years, Dr. Corona has dedicated her career to diversity, equity and inclusion efforts in higher education. In her role as Director, she oversees the Learning Community Hub, the SWC Dreamer Center and Student Equity.

and a good time together renewing old friendships, meeting new friends, bidding on enticing silent auction items to take home, and hearing what the other members have been up to.

See you at the **Spaghetti Factory!**

OR

Check-in 11:30am
Lunch 12:30pm

Questions? Call or text Pam at (619) 855-4071, or e-mail pamela.me4@gmail.com

RSVPs are a Must - by January 23 please!!

Yes, (name) _____ will be there.

And, I am bringing _____ guests: _____

Select Your Entrée(s): Chicken Marsala Mushroom & Marinara Spaghetti (veg.)
 Mizithra Cheese & Browned Butter Spaghetti (with bacon)

Cost: \$35. Enclosed is my check payable to "SDC-IBC".

Tear off this reply & mail to: AAUW IBC Luncheon, PO Box 262012, San Diego, CA 92196

SPEECH TREK COMPETITION

February 4, 2023

California high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create 5-6 minute speeches on the following public policy topic:



AAUW California
Speech Trek

How can communities, organizations and citizens of all ages help protect and expand voting rights?

INTERESTED? Contact AAUW Poway-Peñasquitos Branch at aauwboard@gmail.com for more information and to register for the event. Application deadline is January 21, 2023.* The contest will be held in-person at Rancho Peñasquitos Branch Library.

LOCAL PRIZES

First Place - \$1,000.00

Second Place - \$500.00

Third Place - \$250.00

Winner of the local contest participates in state semi-finals.

The top three state semi-finalists compete for more cash prizes.

Speeches from previous years can be viewed on YouTube by searching "Speech Trek."

*Please note: The competition will be limited to the first 10 applicants.