

AAUW Poway Penasquitos Branch

IN THIS ISSUE

Don't miss these May events & announcements

- May 12: Grape Expectations visit Belle Marie Winery
- May 20: Happy Health Hikers take an urban hike
- May 21: Cover to Cover
- May 26: Lunch at Amalfi in San Marcos with the Travel Group
- June 10: Save the date for the June "Brunch" meeting

President's Message by Michelle Blasberg

Welcome to May

Asian American and Pacific Islander Heritage Month (as of 2009, officially changed from Asian/Pacific American Heritage Month)^[1] is observed in the United States during the month of May, and recognizes the contributions and influence of Asian Americans and Pacific Islander Americans to the history, culture, and achievements of the United States. (Wikipedia)

The AAUW fiscal year is fast approaching, as the fiscal year runs from July 1 through June 30. The leadership team will remain in effect for the next fiscal year, however, there will be opportunities to volunteer to lead some of the interest groups. Please think about the groups you enjoy and consider volunteering to lead or co-lead the group. I know that the Healthy Happy Hikers will be in need of a new leader for next year. More information will be provided as we move into the new fiscal year.

Membership Renewals – Reminder

The renewal process, for most of our members continues. For members who joined prior to 2022, the renewal period is July 1 through June 30. For the new members who joined after March of 2022, your renewal date is 12 months after your initial membership date. The dues amount includes membership to AAUW National, AAUW-CA, and Branch dues.

This year the total amount will be \$115.00: AAUW National dues \$72.00;

AAUW-CA \$20.00; and Poway Penasquitos Branch Dues \$23.00. Please note, that the Poway Penasquitos Board had voted to raise the branch dues to \$27.00, but in light of the planned dues increase by National, we have reduced the branch dues increase to only \$23.00 (from the current \$17.00) You will receive an email from AAUW National notifying you to renew.

May Branch Meeting

Please join us on Sunday, May 21 for **Cover to Cover**. The luncheon will be held at Maderas Country Club from 9:30 a.m. – 1 p.m. Registration begins at 8:45 a.m. Proceeds benefit the branch fundraising account which supports Re-entry Scholarships and Speech Trek.

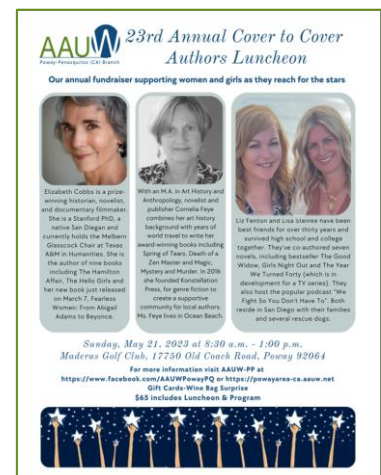
Upcoming Events

- **June Branch Meeting – Brunch**
 - Saturday June 10, more information to follow.

Cover to Cover: Supporting Women and Girls Reaching for the Stars by Michelle Blasberg


The 2023 Authors Luncheon is fast approaching. It is shaping up to be a great event and should not be missed. The informational flyer and the registration form are attached so you can mark your calendar and reach out to friends to join us. If you would like to reserve a table for 10 of your closest friends you can do so on the registration form. Otherwise, we will seat you with other like-minded readers.

- Sunday May 21 at Maderas Country Club
- Cost is \$65.00 for lunch and program
- Authors:
 - Dr. Elizabeth Cobbs




AAUW 23rd Annual Cover to Cover Authors Luncheon
Poway-Penasquitos (CA) Branch


Our annual fundraiser supporting women and girls as they reach for the stars



Elizabeth Cobbs is a pioneering historian, novelist, and documentary filmmaker. She is a Stanford PhD, a native San Diego, and currently holds the Malvern Classics Chair at Teesside University. She is the author of nine books including *The Harbinger Affair*, *The Hello Girls and Her New Book* just released on March 7. *Fearless Women*. From Angel Adams to Beyonce.




With an M.A. in Art History and Anthropology, novelist and publisher Constance Faye combines her art history background with years of world travel to write her award-winning books including *Spring of Tears*, *Queen of a Sea*, *Healer and Magic*, *Mystery and Murder*. In 2019, she founded *Constitution Press*, the genre fiction to create a supportive community for local authors. Ms. Faye lives in Ocean Beach.



Lisa Fenton and Lisa Stevens have been best friends for over thirty years and shared high school and college together. They've co-authored seven novels, including bestseller *The Good Widow*, *Girls Night Out* and *The Year We Turned Forty* which is in development for a TV series. They also host the popular podcast *The Fight So You Don't Have To*. Both reside in San Diego with their families and several rescue dogs.

Sunday, May 21, 2023 at 8:30 a.m. - 1:00 p.m.
Maderas Golf Club, 17740 Old Coach Road, Poway 92064

For more information visit AAUW-PP at
<https://www.facebook.com/AAUWPowayPQ> or <https://powaypena-ca.aauw.net>
Gift Cards Wine Bag Supplies
\$65 Includes Luncheon & Program



- Cornelia Feye
- Liz Fenton & Lisa Steinke (writing team)
- We will be offering bottles of wine for sale, so take a chance and select a bottle of wine valued at **\$20 or more** for only \$20! (cash or check only)
- We will also be offering gift cards at 80% of face value! (cash or check only)
- Informational flyer and registration form included in this Adelante
- Registration needed no later than May 14

Membership by Harriet Gerza

Let's welcome a new member **Winnona Dandy!** A big thanks to Mary Alice Rudelich for recruiting her! Winnona Dancy was born and raised in Kansas City, Kansas. She graduated from Kansas State University, receiving a Bachelor of Science degree in Home Economics/Fashion Merchandising and a Master of Arts degree in Consumer and Family Studies. She then attended National University and received her Secondary Teaching Credential with a Masters of Education in Cross-Cultural Education. Her career includes owning her own Gift Basket business in Chicago (Cornucopia) and Kansas City (Darcel's), teaching Human Psychology/Family Sociology, Clothing Construction/Design, ROP–Event Planning, Fashion Merchandising, Arts Management, and Life Skills in high schools in the San Diego Unified School District. She now holds certificates for being a Certified Life Skills Coach and an Evangelist in the African Methodist Episcopal Church.



We still need to add three more to our membership to make our goal of 10 new members for the year, so keep on inviting your friends and family to attend meetings and interest groups to "test drive" our branch. Bonus: if you get a New Member to join, there is a special reward waiting for you! Applications are on our website or they can contact me at aauwboard@gmail.com.

LEFT: Mary Alice Rudelich with her reward for recruiting Winnona. (Heidi wants to be next to earn a cup!)

AAUW-PP Members Attend League of Women Voters 87th Anniversary Celebration by Cathy Burciaga

Several AAUW Poway-Peñasquitos members attended the League of Women Voters 87th Anniversary Celebration at the 94th Aero Squadron Restaurant on March 22. Speakers included the League's new president and prominent local politicians. **RIGHT:** From left to right: Harriet Gerza, Jeanne Wiedner, Mary Alice Rudelich, Linda Johnston, Janice Heather, Cathy Burciaga, Joie Nolasco.



Travel Group by Pam Ames

This month we'll celebrate Italy with lunch at Amalfi, located at 1035 La Bonita Dr. on Lake San Marcos. <https://www.amalficucinaitaliana.com/> We'll dine at their Marina Bar (ground floor) which has a casual lunch menu. Mark your calendar for Friday, May 26 at 11 a.m. There will be a carpool from the Rancho Bernardo Souplantation parking lot at 10:30 a.m. Everyone is welcome. Contact Pam Ames at pamames123@gmail.com to RSVP.

PHOTOS: April outing at Gonzo Ramen for a Japan like experience!



Grape Expectations Heads North by Janice Heather

On Friday, May 12, our branch's intrepid wine tasters will visit Belle Marie Winery in Escondido from 4-6 p.m. Located at 26312 Mesa Rock Rd, Belle Marie Winery is a family-owned and operated boutique winery with a tasting room and special events spaces on 3 1/2 acres with lush citrus groves and shaded areas perfect for picnics, conversation, and relaxing with a glass of wine. <https://www.bellemarie.com/>

To RSVP or get carpool information, email Janice Heather at janiceheather@hotmail.com.



April Meeting: Banned Books by Debbie Boyd and Karen McGurk

We had a great turnout of over 50 people, including community members, who attended the program on Banned Books. Adrienne Peterson, Branch Manager, and Maureen Meadows, Youth Services Librarian, from the Rancho Peñasquitos Branch Library for the San Diego Public Library discussed the increasing attacks on the freedom to read. They shared their passion about this topic and why it is so important. The presentation included information about censorship, banning, and First Amendment implications.

Thank you, Adrienne, for a thought-provoking presentation and for your commitment to our newsletter, Adelante!



How can you be an ally? Show up!

- Stay informed
- Write letters
- Attend town council, school board, and library board meetings
- Share your support on social media
- Read banned books
- Read a diversity of books; read a book that presents a different point of view; gay, queer, or transgender, or that tell the stories of persons who are Black, indigenous or persons of color
- Read to learn; yes, you can broaden your horizons by reading fiction

**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

www.powayarea-

ca.aauw.net

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

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AAUW Poway Penasquitos Branch is a 501(c)3 corporation

President: Michelle Blasberg

Programs/1st Vice

Presidents: Karen McGurk, Joie Nolasco, Ellie Slade

Membership/2nd Vice

Presidents: Harriet Gerza, Linda Johnston

Secretary: Joan Natoli

Treasurer: Sheila Walker

Happy Healthy Hikers by Mary Alice Rudelich

The Healthy Happy Hikers will be taking an urban hike on Saturday, May 20 at 8:45 a.m. We will be walking 4-5 miles through Balboa Park to Banker's Hill, covering five historic bridges and neighborhoods. Lunch at Panama 66 is optional. Bring money, a hat, and water.

We will meet near the Spreckels Organ Pavilion area in the back row closest to the West side. We will take breaks, but restroom facilities are limited to Balboa Park. If you will be late, please call Mary Alice at 801-440-2601.

More information can be found by Googling "7 bridges hike San Diego." We will only be walking to 5 bridges as the 7 bridges take more time. Carpooling can be arranged as we get closer to the day of the hike. We hope to see you there. Ciao, Mary Alice & Jo

Gov Trek Finale by Marie Dye

Gov Trek is a huge success! The first AAUW California Gov Trek program is now completed with 46 girls from around the state having finished the program. We invite you to congratulate these outstanding young women by watching the recordings of their outstanding political campaign simulation videos <https://www.aauw-ca.org/gov-trek-finale-competition/>. Four teams won and all the winners received a politically themed t-shirt and a copy of The Empowered Citizens Guide: 10 Steps to Passing a Law that Matters to You by Pat Libby. The members of the team that won the grand prize will receive internships.

The pre- and post-program surveys indicate a 19% increase in interest in public policy career after the program and a 62% increase in level of understanding of possible careers.

Congratulations to all!

Tech Trek by Heidi Dalvie, Ellen Dillon, Debbie Lewis, Poway-Penasquitos Branch

Tech Trek Co-Coordinators

We have finished interviewing all 12 Tech Trek applicants and selected eight of them to go to camp this year. The girls have now been notified that they were selected – and they are very excited! We will be hosting a gathering prior to camp for all the girls with their parents, so they can meet each other in person, and we can answer any questions they may have.

Volunteering

Staff volunteer applications are still being accepted until camps are fully staffed. You are welcome to apply! Available roles and the link to apply are [HERE](#). Please complete your application as soon as possible as positions are filling quickly. Assignments are in process and should be completed by early to mid-May.

Some camps still need Dorm Moms (21+ years old), so if you have never experienced sleeping in a dorm, now's your chance!

2023 Camps

The San Diego in-person camp will take place June 25-30, and the Virtual camp will take place July 23-28.

If you need help:

- For help using CampDoc (logins, passwords, finding forms, etc.) visit support.campdoc.com, email support@campdoc.com, or call 734-636-1000.
- For technical difficulties send an email to techtrek@aauw-ca.org.

Feel free to contact us if you'd like to learn more.



AAUW POWAY-PENASQUITOS CALENDAR OF EVENTS

May 2023

Date	Group	Topic	Group Leader	Meeting Details	Good to Know
May 4	Great Decisions	Economic Warfare and U.S Policy	Joan Natoli, itolanj@sbcglobal.net	Meet at the home of Janjce Heather, 17796 Bellechase Cir in Rancho Bernardo at 6:30 p.m. RSVP to Joan Natoli at itolanj@sbcglobal.net	Meets the first Thursday of every month at 6:30 p.m. No meeting in Dec, Jan, Jul, and Aug.
May 9	Page Turners	"Peach Blossom Spring" by Melissa Fu	Pam Ames, pamames123@gmail.com	1:30 p.m. meeting. Host is Sally Jacobson at 13433 Applachian Way in Rancho Penasquitos. RSVP to Pam Ames at pamames123@gmail.com	Meets monthly the second Tuesday at 1:30 p.m. If you want to join the discussion, email Pam Ames.
May 12	Grape Expectations	N/A	Janice Heather, janiceheather@hotmail.com	From 3-5 p.m. we will meet at Belle Marie Winery, 26312 Mesa Rock Road in Escondido. https://www.bellemarie.com/ . RSVP to Janice	The June tasting will be at Carruth Cellars in Solana Beach.
May 15	Games Group	N/A	Debbie Boyd, travelstardebbie@yahoo.com	We will meet at 7:00 p.m. at the home of Debbie Boyd, 13612 El Mar Avenue in Poway. Please RSVP to Debbie at travelstardebbie@yahoo.com or 858-486-4390.	Play board games once a month at a members' home. If you are interested in joining the group, contact Debbie Boyd at travelstardebbie@yahoo.com
May 20	Happy Healthy Hikers	N/A	Mary Alice Rudelich, mary.rudelich@aol.com	This month we will walk 4-5 miles through Balboa Park to Bankers Hill. Lunch at Panama Canal 66 is optional. We will meet at the Spreckels Organ Pavilion in the back row closest to the west side. The walk starts at 8:45 a.m.	Hikes are once a month ranging from easy to moderate levels.
May 21	Cover to Cover	Fundraiser featuring local authors	Michelle Blasberg, michblas09@gmail.com	Maderas Country Club from 8:30 a.m. - 1:00 p.m. Maderas Country Club is located at 17750 Old Coach Road in Poway. Author speakers are Dr Elizabeth Cobbs, Cornelia Feye, and the writing team of Liz Fenton and Lisa Steinke	Our annual authors luncheon is back in person! \$65.00 includes lunch and program.
May 22	Mystery Book Group	"Once There Were Wolves" by Charlotte McConaghy	Pam Meyer, Pam Meyer, pamela.me4@gmail.com	Meet at 1:30 p.m. at the home of Cathe Gigstad, 18655 Bernardo Drive, #404. RSVP to Pam if you can attend. pamela.me4@gmail.com	Meets the fourth Monday of every month. Want to join the discussion? Email Pam Meyer.
May 25	Evening Book Group	"Apples Never Fall" by Liane Moriarty	Ann Morgan, annmorgansd@yahoo.com Marilyn Scheininger, marilyn.scheininger@gmail.com	Meet at the home of Marilyn Scheininger, 13041 Caminito Bautizo in Carmel Valley at 7:00 p.m.	Group meets the fourth Thursday every month. If you want to join the discussion, please email Ann or Marilyn.
May 26	Travel Group	N/A	Pam Ames, pamames123@gmail.com	Meet at Amalfi Marina Bar (downstairs) 1035 La Bonita Drive, Lake San Marcos. Carpool will meet at the parking lot of the Souplantation restaurant in Rancho Bernardo at 10:30 a.m. RSVP to Pam Ames at pamames123@gmail.com	Meets monthly at various local restaurants.



23rd Annual Cover to Cover Authors Luncheon

Our annual fundraiser supporting women and girls as they reach for the stars



Elizabeth Cobbs is a prize-winning historian, novelist, and documentary filmmaker. She is a Stanford PhD, a native San Diegan and currently holds the Melburn Glasscock Chair at Texas A&M in Humanities. She is the author of nine books including *The Hamilton Affair*, *The Hello Girls* and her new book just released on March 7, *Fearless Women: From Abigail Adams to Beyonce*.



With an M.A. in Art History and Anthropology, novelist and publisher Cornelia Feye combines her art history background with years of world travel to write her award-winning books including *Spring of Tears*, *Death of a Zen Master* and *Magic, Mystery and Murder*. In 2016 she founded Konstellation Press, for genre fiction to create a supportive community for local authors. Ms. Feye lives in Ocean Beach.



Liz Fenton and Lisa Steinke have been best friends for over thirty years and survived high school and college together. They've co-authored seven novels, including bestseller *The Good Widow*, *Girls Night Out* and *The Year We Turned Forty* (which is in development for a TV series). They also host the popular podcast "We Fight So You Don't Have To". Both reside in San Diego with their families and several rescue dogs.

*Sunday, May 21, 2023 at 8:30 a.m. - 1:00 p.m.
Maderas Golf Club, 17750 Old Coach Road, Poway 92064*

**For more information visit AAUW-PP at
<https://www.facebook.com/AAUWPowayPQ> or <https://powayarea-ca.aauw.net>**

**Gift Cards-Wine Bag Surprise
\$65 includes Luncheon & Program**





23rd Annual Cover to Cover Authors Luncheon Sunday, May 21, 2023

Our annual fundraiser supporting women and girls as they reach for the stars

Check-in: 8:30 - 9:15 a.m. **Program:** 9:30 a.m. - 1 p.m.
Maderas Golf Club, 17750 Old Coach Road, Poway 92064

\$65 includes Luncheon & Program

Reservation deadline is Friday, May 12th

Reservations received after May 12th will be \$70 per person

Make checks payable to: PP/AAUW (NO REFUNDS)

Mail this form & check to: Michelle Blasberg, 12509 Montero Ct., San Diego, CA 92128

Tables of 10 will be guaranteed seating at the same table.

PLEASE SEND NAMES AND CHECKS TOGETHER IN THE SAME ENVELOPE

(One check for \$650 for the whole table would be most appreciated!)

Smaller groups will be combined with another group at a table.

Questions? Email aauwboard@gmail.com or call 858 774-2474

Entrée choices

~Grilled Salmon: Sun Dried Tomato Basil Sauce, Toasted Almond Couscous, Grilled Vegetables

~Chicken Cordon Bleu: Breaded Chicken Breast, Ham, Smoked Gouda, Sauce Supreme, Roasted Red Potatoes

~Strawberry & Goat Cheese Salad w/Chicken: Mixed Greens, Sliced Chicken Breast, Driscoll Strawberries,

Whipped Goat Cheese, Red Onions, Candied Almonds, Local Honey & Champagne Vinaigrette

~Vegetarian Option - Strawberry & Goat Cheese Salad: Indicate NC for your choice in the Salad column

~Dessert: Raspberry Swirl Cheesecake and Tea or Coffee

PRINT CLEARLY the attendee names and indicate their entrée choice:

Name	Salmon	Chicken	Salad
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

PRINT CLEARLY the contact information for table confirmation:

Name _____ Email _____

All communication will be through email.

Any special needs? (wheelchair, walker) Please explain _____

I am unable to attend but have enclosed a donation for Speech Trek and scholarships _____

*** PLEASE SEND IN THIS ENTIRE PAGE TO HELP US WITH OUR RECORD KEEPING! ***