

Adelante



AAUW Poway Penasquitos Affiliate

IN THIS ISSUE

Don't miss these November events & announcements:

- November 8: General Affiliate Meeting
- November 10: Hike/walk with Happy Healthy Hikers to Five Bridges
- November 18: Visit Altipiano Winery with Grape Expectations
- November 24: Lunch at French Oven Bakery with the Travel Group

President's Message by Michelle Blasberg

Welcome to November, I hope you're all enjoying the cool crisp weather. It is hard to believe it will soon be the Holiday Season.

Membership Each one of us is the best recruiter for new members. Please take some time to share the mission and vision with friends, family, and/or co-workers to recruit new members to the affiliate. Harriet Gerza or Linda Johnston will be more than happy to provide any information you need.

IBC Luncheon Mark your calendar for Saturday, January 27, 2024 for the annual Interbranch Council Luncheon. This year's event will take place at the Handlery Hotel in Mission Valley. The speaker will be Parisa Ijadi-Maghsoodi, Esq., Chair, San Diego County Commission on the Status of Women and Girls. The flyer for reservations is at the end of the newsletter.

DEI Chair We are still looking for a Diversity, Equity and Inclusion chair for our affiliate. This person will represent Poway Penasquitos in AAUW-CA calls and webinars and then report back to the membership on the status of DEI related topics.

Nominating Committee The committee to identify and recruit members who are willing to take over leadership roles within our affiliate is in full swing. The committee will be looking to fill President, Programs, Secretary, Membership, and Treasurer positions for the FY25/26 fiscal

year. The tenure begins on July 1, 2024. Please consider assuming one of these roles, as each of us should take an active role in our affiliate.

Fall Campaign The Fall Campaign letters have gone out. Remember this campaign is done annually to fund Tech Trek campers and Scholarship/Speech Trek award winners. The results of this campaign helps to determine how many girls can be sent to UCSD for Tech Trek, how many scholarships can be awarded, and how large of a scholarship we can provide. It also funds the Speech Trek prizes given to high school students each February. Please be generous.

Happy Thanksgiving.

Scott Murray to Speak about Climate Change at the General Affiliate Meeting on November 8 by Joie Nolasco and Karen McGurk

Scott Murray is a Leader at the Climate Reality Project and the former Chair of Public Policy at SanDiego350. He is an alum of San Diego State University and former banking professional. He now dedicates his time to educating the public about the hazards of climate change and solutions for making a difference. His presentation will cover some basics about climate science, the damages caused by changing climate, and some solutions to the problem.



Please join us at the affiliate General Meeting on Wednesday, November 8 from 11 a.m. – 1 p.m. at the Eastview Community Center, 17520 Drayton Hall Way, San Diego 92128. A light lunch will be served. Friends and family are welcome. Please RSVP to aauwboard@gmail.com.

Learn more about what you can do to save our planet!

Treasurer Report by Sheila Walker

At the September meeting the 2023-2024 budget proposed by the Board was unanimously passed.

Operating Account

Income	\$3060
Expenses	\$3450
Deficit	\$390

Operating Bank Balance September 30, 2023 was \$5061.84.

The increase in branch dues, an increase in membership numbers and the decrease in program and hospitality costs have reduced the projected deficit from the actual deficit of **\$1174** for 2022-2023.

Fundraising Account

Income	\$15,100
Expenses	\$16,730
Deficit	\$1630

The Scholarship and Speech Trek awards for 2023-2024 are covered. However, if the projected deficit for this year is realized then we may have to review the awards we can make in 2024-2025. We hope you will consider this when you make your contributions to the Fall Campaign and Cover to Cover.

Fundraising Bank Balance September 30, 2023 was \$5786.74.

Speech Trek Competition by Karen McGurk

The Speech Trek Competition returns on Saturday, February 3, 2024. The topic is, "How can we ensure a robust public school curriculum that is accessible to all and teaches historically accurate information?" Attached to the newsletter is a flyer with information about the contest. Please share this information on social media and through your other distribution channels. We hope to attract students from a variety of local high schools for the contest this year, so please help spread the word!



Membership by Harriet Gerza

Did you know that we can earn credits toward free national memberships if we recruit new members?

The Shape the Future membership campaign is a tool that branches can use to recruit and retain members. With this campaign, branches can offer 50% off national dues when prospective members join AAUW at an event or meeting. Branches also earn one free national membership for every two new members they recruit, with a maximum of three free memberships annually.

Last year, we recruited six new members and were able to award 3 free national memberships to Karen McGurk, Louise McDevitt, and Debby Boyd who were our Fund honorees.

So far, we have added two new members so we'll be able to award another free national membership to a lucky current member next year. If we recruit four more new members, we can extend three free national memberships again. Let's get out there and recruit new members to join and maybe you too can receive a free national membership award!

Remember to invite your friends, relatives and anyone who might be interested in our branch to attend an interest group meeting or general meeting and send me (harriet.gerza@gmail.com) their email so I can follow up. I'm still also offering some "bling" as extra incentive if you can get a new person to join this year.

Thanks for your support and help in bringing in new members to sustain our branch!



AAUW-PP Annual Retreat January 12-14, 2024 by Pam Meyer, Retreat Chair

Want a weekend away? Want time to relax and just be with other women? Join us for a restful weekend at Camp Stevens in Julian, CA. It is just an hour's drive into the mountains north of San Diego. Meet new friends, renew old friendships, and have a great time at the "Best Slumber Party in Town!" Take hikes, shop in Julian, listen to an educationally fun program, enjoy games, and just take pleasure in the tranquil and peaceful atmosphere of Volcan Mountain. The Retreat flyer is attached to this newsletter. Join us. This could be the best weekend you have had in such a long time. Contact Pam Meyer at 619-855-4071 or pamela.me4@gmail.com.



Legislative News from AAUW Washington Update submitted by Janice Heather

A number of AAUW-endorsed bills were reintroduced in Congress in September:

- The [Schedules That Work Act](#) and [Part-Time Worker Bill of Rights Act](#) would give workers more certainty about their hours and incomes and strengthen protections and benefits for part-time workers.
- The [Tyler Clementi Higher Education Anti-Harassment Act](#) would require colleges and universities receiving federal funding to establish anti-harassment policies prohibiting harassment and bullying based on sex, sexual orientation, gender identity, and more.
- The [Student Loan Deferment for Sexual Violence Survivors Act](#) would create a student loan deferment option for survivors of sexual violence and sex-based harassment who temporarily withdraw from their school for mental and physical health rehabilitation.

On September 27, the U.S. Department of Education (ED) released [final regulations on the Gainful Employment \(GE\) rule](#) to protect students enrolled in career training programs from unaffordable student debt. The new regulations will also increase transparency about the cost of higher education programs. **AAUW has advocated for these regulations to help safeguard students against predatory practices.** Under the GE rule, a program loses access to federal funds if it repeatedly leaves its graduates with unaffordable debts, relative to their earnings.

On September 27, ED released a new report, [Strategies for Increasing Diversity and Opportunity in Higher Education](#), to promote diversity and inclusion in higher education following the U.S. Supreme Court's decisions on affirmative action earlier this year.

Join AAUW for our Alumnae Recognition Award ceremony, November 2 at 4:30 p.m. ET, honoring alumna [Barbara Smith](#), author, activist, and scholar. Barbara Smith played a groundbreaking role in a national cultural and political dialogue about the intersections of race, class, sexuality, and gender. Register [here](#).



Photographer: Joanna Chattman

**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

www.powayarea-

ca.aauw.net

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

m

AAUW Poway Penasquitos Branch is a 501(c)3 corporation

President: Michelle Blasberg

Programs/1st Vice

Presidents: Karen McGurk, Joie Nolasco, Ellie Slade

Membership/2nd Vice

Presidents: Harriet Gerza, Linda Johnston

Secretary: Joan Natoli

Treasurer: Sheila Walker

Happy Healthy Hikers by Mary Alice Rudelich and Jo Beneke

Buongiorno Escursionisti. Our next avventura (adventure) will be on Friday, November 10 at 8:30 a.m. with an easy 4.5-mile walk to five bridges in San Diego. We will begin at Balboa Park at 8:30 a.m. and finish at Panama 66 for lunch (optional). Please meet at the Organ Pavilion in Balboa Park at 8:30 a.m. Carpools will meet at 8 a.m. at Yanni's Bar and Grill. This is a great way to enjoy the city with friends. Please RSVP to Mary Alice Rudelich at mary.rudelich@aol.com.

Travel Group by Pam Ames

The Travel Lunch group will be enjoying French flavors this month. Choices of quiche, salads, and sandwiches are available at the French Oven Bakery in Scripps Ranch. <https://thefrenchovenbakery.com/> They provide a wonderful selection of French pastries as well. There is only outside dining so bring a jacket if weather dictates. We will meet on Saturday, November 25 at 11 a.m. A carpool (at 10:30 a.m.) will be arranged and encouraged as the parking lot is quite small. French Oven Bakery is located at 10299 Scripps Trail. For more information and to RSVP, email Pam Ames at pamames123@gmail.com.

In October we enjoyed Cuban food. It was delicious!



Grape Expectations Heads to Altiplano Winery by Janice Heather

In October and November, we'll visit two wineries we've not been to in San Pasqual Valley outside Escondido. Please note October and November will be Saturday dates to accommodate those wineries' days of operation. In December, we return to Bernardo Winery to enjoy their seasonal holiday decorations and mulled wine!

To RSVP for any Grape Expectations event, email janiceheather@hotmail.com.

As always, feel free to bring a friend who might be interested in learning more about AAUW!

Saturday, Oct 21, 3-5 p.m., Espinosa winery, Bandy Canyon Rd

Saturday, November 18, 3-5 p.m., Altiplano winery, Highland Valley Rd. (Their Syrahs are supposed to be very good.)

Friday, December 15, 3-5 p.m., Bernardo Winery, Rancho Bernardo



AAUW POWAY-PENASQUITOS CALENDAR OF EVENTS

November 2023

Date	Group	Topic	Group Leader	Meeting Details	Good to Know
Nov 2	Great Decisions	"Climate Migration"	Sally Jacobson, sjacobs4@san.rr.com	Meet at the home of Terry Humphrey, 13195 Bavarian Drive in Rancho Penasquitos. RSVP to Terry at thumphrey@palomar.edu .	Meets the first Thursday of every month at 6:30 p.m. No meeting in Dec., Jan., July, and Aug. Interested in joining? Please email Sally at sjacobs4@san.rr.com
Nov 8	General Meeting	Climate Change	Karen McGurk, kmcgurkrn@sbcglobal.net Ellie Slade, elliehs10.4.1582@gmail.com ; and Joie Nolasco, joienolasco@gmail.com	Scott Murray is a Leader at the Climate Reality Project and the former Chair of Public Policy at SanDiego350. He is an alum of San Diego State University and former banking professional. His presentation will cover some basics about climate science, the damages caused by changing climate, and some solutions to the problem. The meeting will take place from 11 a.m. – 1 p.m. at Eastview Community Center, 17520 Drayton Hall Way, San Diego 92128. A light lunch will be served. Friends and family are welcome. Please RSVP to aauwboard@gmail.com .	Friends and family are welcome. Please RSVP to aauwboard@gmail.com .
Nov 10	Happy Healthy Hikers	N/A	Mary Alice Rudelich, mary.rudelich@aol.com	Our next adventure will be an easy 4.5-mile walk to five bridges in San Diego. We will begin at Balboa Park at 8:30 a.m. and finish at Panama 66 for lunch (optional). Please meet at the Organ Pavilion in Balboa Park at 8:30 a.m. Carpools will meet at 8 a.m. at Yanni's Bar and Grill. Please RSVP to Mary Alice at mary.rudelich@aol.com .	Hikes are once a month ranging from easy to moderate levels. Contact Mary Alice to be added to the distribution list.
Nov 13	Games Group	N/A	Aresa Toukdarian, atoukdar@gmail.com	Meet from 1-3 p.m. at the home of Jennett Liljenquist, 16836 Bernardo Oaks Drive. RSVP to Jennett at kenben8895@hotmail.com .	Group meets once a month to play board games. Contact Aresa if you want to be added to the distribution list.
Nov 14	Page Turners	"Bag Man" by Rachel Maddow	Pam Ames, pamames123@gmail.com	Meet at 1:30 p.m. at the home of Sally Jacobson, 13433 Appalachian Way in Rancho Penasquitos. RSVP to Pam Ames at pamames123@gmail.com .	Meets the second Tuesday of every month at a member's home at 1:30 p.m. Contact Pam Ames if you wish to be added to the distribution list.
Nov 18	Grape Expectations	N/A	Janice Heather, janiceheather@gmail.com	Meet from 3-5 p.m. at Altipiano Winery, 20365 Camino Del Aguila, Escondido. https://www.altipianovineyard.com/ RSVP to Janice at janiceheather@gmail.com .	We meet monthly for either wine or beer tasting. Please contact Janice to be added to the distribution list.

Nov 24	Travel Group		Pam Ames, pamames123@gmail.com	This month we will be dining at the French Oven Bakery in Scripps Ranch, 10229 Scripps Trail, Suite E. Meet at 11 a.m. RSVP to Pam Ames at pamames123@gmail.com .	Meets monthly at various local restaurants. Contact Pam Ames to be added to the distribution list.
Nov 27	Mystery Book Group	"Killers of a Certain Age" by Deanna Raybourn	Pam Meyer, pamela.me4@gmail.com	Meet at 1:30 p.m. at the home of Georgia Chagala, 12857 Rockwell Court in Poway. RSVP to Pam if you can attend pamela.me4@gmail.com .	Meets the fourth Monday of every month. Want to join the discussion? Email Pam Meyer.
Nov 30	Evening Book Group	"The Book Spy" by Alan Hlad	Ann Morgan, annmorgansd@yahoo.com ; Marilyn Scheininger, marilyn.scheininger@gmail.com	Meet at 6:30 p.m. at the home of Sally Jacobsen, 13433 Appalachian Way in Rancho Penasquitos. RSVP to Sally at sally.jacobson4@gmail.com .	Meets the fourth Thursday of every month. If you want to join the discussion, please email Ann or Marilyn.

Poway Penasquitos AAUW Retreat

A Workout for your brain: Drumming

When: January 12, 13, and 14, 2024
 Where: Camp Stevens in Julian – Lax-Sadler Lodge
 Time: From 3:00 p.m. Friday, January 12th
 Through 12:00 noon Sunday, January 14th

Reservation: \$240.00 (includes cabin lodging, five (5) meals (Program will be extra))

Weekend Activities

Wine Tasting, Relaxing Games, Videos, Puzzles
 Hiking in the mountains or shopping in Julian, or taking a nap
 Book discussions
 Friday – Ice Breaker
 Saturday Drumming
 Bring a friend or your sister for a weekend away from the routines of the day...
 Get away for the weekend, enjoy your time, no cooking, make new friends and learn new things,
 OR just relax, relax, relax.....The only rule is that there are no rules!!
 Please note that we are limited to 28 women, so reserve early!

QUESTIONS? Email Pam Meyer: pamela.me4@gmail.com or call her at: 619-855-4071

Send form below with your check Cut here

(Reservation for the Retreat includes lodging and 5 meals) Drumming fees are not included.

First deposit due by **November 15, 2023** Final deposit due by **January 1, 2024**

_____ \$150.00 first deposit
 _____ \$ 90.00 second deposit
 _____ \$240.00 **Full amount** (checks will be deposited right away)

Please note, balance of \$ 90.00 is due by January 1, 2024

All money is **non-refundable** after January 1, 2024

MAKE CHECK PAYABLE TO: PP/AAUW

SEND CHECK TO: PAM MEYER, 18755 West Bernardo Dr. Apt. 1107, San Diego, CA 92127

Name _____ Cell Phone _____

Mailing address _____

E-mail address _____ **All notices will be via e-mail**

San Diego County InterBranch Council (SDC-IBC)

Annual All-Branch Luncheon

Saturday, January 27, 2024, 11:00am



Cabrillo-Diego
Carlsbad-Oceanside-Vista
Del Mar-Leucadia
Fallbrook
La Mesa-El Cajon
Poway-Peñasquitos
San Diego



Handlery Hotel (Crystal Ballroom)
950 Hotel Circle North
San Diego (Mission Valley)

The **San Diego** and **Cabrillo-Diego Branches** cordially invite you to join us for lunch

Our Special Guest Speaker:



Parisa Ijadi-Maghsoodi, Esquire is a poverty, civil rights and social justice attorney, having served as the Assistant Director of Public Service at the USD School of Law where she is currently Professor of Poverty Law. As the current Chair of the San Diego County Commission on the Status of Women and Girls, Ms. Ijadi-Maghsoodi will update us on the vital work of this important Commission.

and a good time together renewing old friendships, meeting new friends, bidding on enticing auction items to take home, and hearing what the other members have been up to.

See you at the Handlery!

OR

Check-in 11:00am
Lunch 12:00pm

Questions? Call or text Cathy at (858) 449-5096, or e-mail cburciaga@san.rr.com

RSVPs are a Must - by January 22 please!!

Yes, (name) _____ (branch) _____ will be there.

And, I am bringing _____ guests: _____

Select Your Entrée(s): Chicken Pesto Panini Carne Asada Salad
 Vegetarian Pesto Panini

Cost: \$48. Enclosed is my check payable to "SDC-IBC".

Tear off this reply & mail to: AAUW IBC Luncheon, PO Box 262012, San Diego, CA 92196

SPEECH TREK COMPETITION

February 3, 2024

California high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create 5-6 minute speeches on the following public policy topic:

How can we ensure a robust public school curriculum that is accessible to all and teaches historically accurate information?

INTERESTED? Contact AAUW Poway-Peñasquitos Affiliate at aauwboard@gmail.com for more information and to register for the event. Application deadline is January 20, 2024.* The contest will be held in-person at Rancho Peñasquitos Branch Library.

LOCAL PRIZES

First Place - \$750.00

Second Place - \$500.00

Third Place - \$250.00

Winner of the local contest participates in state semi-finals.

The top three state semi-finalists compete for more cash prizes.

Speeches from previous years can be viewed on YouTube by searching "Speech Trek."

***Please note:** The competition will be limited to the first 10 applicants.

