

Adelante



AAUW Poway Penasquitos Affiliate

IN THIS ISSUE

Don't miss these December events & announcements:

- December 8: Join Happy Healthy Hikers for a visit to Coronado
- December 13: Annual Holiday Meeting!
- December 15: Visit Bernardo Winery with Grape Expectations
- December 29: Lunch at Punjabi Tandoor with the Travel Group

President's Message by Michelle Blasberg

Welcome to December. Wow the last month of the year is here.

Membership Please continue to bring friends, neighbors and family to our affiliate meetings. Let's all reach out to share the vision and mission of AAUW to others. When there are guests and/or new members at our meetings, let's welcome them with open arms.

Fall Campaign The Fall Campaign is in full swing. Our membership has always been very generous and I'm sure this year will be no different. You can designate where your donation(s) go, the options are:

- Tech Trek – supports sending 7th grade girls to STEM camp.
- Affiliate Fundraising – supports Branch Re-entry scholarships and Speech Trek prizes for high school participants.

Please remember to send in your reply to the Fall Campaign letter. **If you did not get a letter or if you have misplaced it, the forms are attached to this edition of Adelante.**

Holiday Party The Programs Committee is planning a wonderful get together on December 13 to celebrate the end of the year. Please plan to attend. Looking forward to seeing you at the Holiday Party.

IBC Luncheon Mark your calendar for Saturday, January 27, 2024 for the annual Interbranch Council Luncheon. This year's event will take place at the Handlery Hotel in Mission Valley. The speaker will be Parisa Ijadi-Maghsoodi, Esq., Chair, San Diego County Commission on the Status of

Women and Girls. The flyer for reservations is at the end of the newsletter.

I wish you all a wonderful holiday season.

Annual Holiday Party on December 13 by Joie Nolasco and Karen McGurk

Celebrate the holiday season at our festive potluck gathering! Get to know other members better, have fun with a white elephant gift exchange, and possibly obtain some new recipes! We'll be meeting at the Eastview Community Center on Wednesday, December 13 at 6:30 – 8:30 p.m. Potluck dinner will be from 6:30 – 7:30 p.m, with the white elephant gift exchange from 7:30-8:30 p.m.

For the potluck, please bring a dish to share according to the letter of your last name: A-C Appetizers; D-K Salads; L-R Desserts; S-Z Wine. We'll have activities and entertainment, which is optional for you, however they will certainly get you in the spirit of giving and receiving.

If you'd like to participate in the white elephant gift exchange, please bring a (wrapped) gently used object or a new purchase of no more than \$20 to exchange. DO NOT put your name on your gift. Be prepared for a night of laughs as we swap and steal and enjoy great company and refreshments.

This is a member's only event. Please RSVP to aauwboard@gmail.com.

Eastview Community Center is located at 17520 Drayton Hall Way, San Diego, 92128.

Treasurer's Report by Sheila Walker

FUNDRAISING ACCOUNT

A grateful word of thanks for the donations we have received towards our Fall Campaign.

36 of our members have donated \$4800 to the Scholarship and Speech Trek Fund that is managed by our affiliate. Our commitment for these projects totals \$10,000 annually.

31 of our members have donated \$4000 to the Tech Trek Fund managed by the State officers to send 7th grade students to the Tech Trek Summer camps. It costs us \$1000 for each student that we select to send to camp. Please continue to give generously so that we can honor our commitments to the projects we love to support. There is a donation form attached to the newsletter.

The Fundraising Account Balance on October 31, 2023, is \$7386.74

OPERATING ACCOUNT

We are delighted that members are enjoying the new venue and the wonderful food that our Interest groups are providing. This has meant a significant decrease in our monthly expenses. Thank you to the Programs Committee for their creative solution.

We now have 117 annual members and six Honorary Members. This increase in membership and the increase in affiliate dues puts us in a more sustainable position financially.

The Operating Account Balance on October 31, 2023, is \$4934.85

Membership News by Harriet Gerza

Welcome to our newest member, Kathy Moore. Below is more about her. Thank you to our President, Michelle Blasberg, for recruiting her. Please see the picture of Michelle and her awesome T-shirt.

Remember to invite your friends, neighbors, and family to our general meetings and other events to interest them in our organization. We are counting on our members to recruit and add to our membership! Thank you for your help and outreach! We want to keep our membership strong and vibrant and continue our good work for women and girls in education!



Kathryn Moore was born in Quebec, and she grew up in Michigan. After moving to San Diego, she earned a teaching credential from UCSD. and a master's in educational leadership from the University of San Diego. She retired after many years in the classroom but continues tutoring elementary students in math and reading. In addition to her many interests, she volunteers at the Food Bank and is an avid pickleball player.



GovTrek Needs You! by Janice Heather

Would you like to see more young women pursue careers in government and politics? Then you're in luck. We're getting ready to launch Year 2 of GovTrek soon and we need volunteers to work with this innovative, free, online program.

For seven consecutive Saturdays in February and March, the high school girls who enroll will hear from an impressive array of female elected and appointed officials. They'll learn about various career paths and will complete assignments and projects that teach them team building, communication, and other skills.

We need members who can work with the girls as coaches and mentors throughout February and March. If you'd like to help or find out more, contact Janice Heather at janiceheather@hotmail.com or go to <https://www.aauw-ca.org/gov-trek/>.



Speech Trek Prepares for February 3, 2024 Competition by

Karen McGurk

The intrepid Speech Trek Committee is preparing for our upcoming competition. Many thanks to the committee members Miriam Lauff, Jeanni Harrison, Rene de Charon, Cathy Burciaga, Honorine Nocon, Sheila Walker, and Joan Thompson for their suggestions and advice. See the flyer at the end of the newsletter for updated information. Please continue to help us spread the word! Questions? Contact Karen McGurk at aauwboard@gmail.com, and please add Speech Trek to the Subject Line. Wishing you a wonderful Holiday Season and a happy, healthy 2024!



AAUW Funds by Karen Vanderwerken, AAUW Fund Committee chair, aauwfund@aauw-ca.org

Our AAUW Fund donations for California through September are \$201,940 statewide.

Our affiliate has donated, through September, \$1,831.50 to the AAUW Fund. If you still wish to contribute to this fund, follow these directions. **Donations to AAUW Fund are tax deductible.**

Making Year-End Contributions: A Guide for Affiliates

As we approach the year-end giving season, we want to ensure that every affiliate understands the various methods available to them for making contributions. We've outlined three efficient and secure ways for you to send your donations to the national office.

1. **Online Donations via the Community Hub:** One of the simplest ways to contribute is directly through our Community Hub. So long as you are making donations to the AAUW Greatest Needs Fund you can make use of the Renewals and Donations function to contribute on behalf of your members. Just fill in the donation amount by member without clicking anything related to renewing to process just those contributions. If you would like to donate on behalf of your affiliate or to other funds, however, consider one of the other two options.
2. **Express Payment Link:** If you prefer a more direct approach, consider using an Express Payment Link. This method doesn't even require you to be logged in! Simply provide the national staff with the donor's name, donation amount, and the desired fund, and they will create an order on your behalf. Following this, you'll receive a link to finalize the transaction with your branch's preferred payment method. This method will allow you to donate on behalf of your branch, to other funds besides Greatest Needs, and for multiple people. Email connect@aauw.org with 'Express Payment Link' in the subject for assistance.

Individual Retirement Account (IRA) - For members thinking of making a year-end contribution from their IRA. Federal law allows people aged 70 1/2 or older to make direct transfers up to \$100,000 per year per person to charitable organizations from their IRA, without the withdrawal being treated as taxable income. To start, first contact your IRA custodian and follow their procedures to request a "Qualified Charitable Distribution." The check sent must be accompanied by your name and address information in order for you to receive a written acknowledgement from National. Please provide the recipient information below to your custodian, along with our Tax ID #52-6037388. Before sending, please also notify us at planned-giving@aauw.org so we can keep an eye out for your gift and be sure to include the amount, your name, address, the designation of your gift (for example: Greatest Needs), and the financial institution sending your gift. Please direct your check, drawn on your IRA account and made payable to AAUW, to:

AAUW
Attn: Planned Giving– IRA Distribution
1310 L St. NW, Suite 1000, Washington, DC 20005

**AMERICAN
ASSOCIATION OF
UNIVERSITY WOMEN
POWAY PENASQUITOS
BRANCH**

Diversity Statement

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class

Mission Statement

AAUW advances equality for women and girls through advocacy, education, philanthropy, leadership, and research.

AAUW's Value Promise

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

National AAUW

www.aauw.org

California AAUW

www.aauw-ca.org

**PowayPenasquitos
AAUW**

www.powayarea-

ca.aauw.net

[aauwboard@gmail.co](mailto:aauwboard@gmail.com)

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AAUW Poway
Penasquitos Branch is a
501(c)3 corporation

President: Michelle
Blasberg

Programs/1st Vice

Presidents: Karen
McGurk, Joie Nolasco,
Ellie Slade

Membership/2nd Vice

Presidents: Harriet
Gerza, Linda Johnston

Secretary: Joan Natoli

Treasurer: Sheila Walker

Happy Healthy Hikers by Mary Alice Rudelich and Jo Beneke

The Happy Healthy Hikers group will take their annual hike in Coronado on Friday, December 8. We will walk across the island from the Coronado Ferry Landing to the Hotel Del Coronado, where we will view the holiday decorations and the beach. We will then walk to Peohe's restaurant for lunch.

Please RSVP to mary.rudelich@aol.com to be included in the carpool and lunch reservations. We plan to meet at 8 a.m. at Yanni's to form carpools, then meet at the Coronado Ferry Landing at 9 a.m.

We hope to see you all there on December 8.

Buone Feste,
Mary Alice and Jo

**Grape Expectations Closes Year with
New & Old Wineries** by Janice Heather

Our intrepid oenophiles will visit Altipiano Winery off Highland Valley Road on Saturday, November 18 from 3-5 p.m. Altipiano is known for their red wines and is a new destination for our group.

Then, to close the year in a festive fashion, we'll celebrate the holidays at Bernardo Winery on Friday, December 15 from 3-5 p.m. Bernardo Winery will be decorated for their Holiday Nights and will have their popular mulled wine! We invite all members to join us to celebrate the holiday as the Winery serves non-alcoholic beverages and food as well as wine. <https://www.bernardowinery.com/pages/holiday-nights-at-bernardo-winery>

For more information or to RSVP for either event, contact Janice Heather at janiceheather@hotmail.com.

As always, feel free to bring a friend who might be interested in learning more about AAUW!

Travel Group by Pam Ames

The Travel Group will meet on Friday, December 29 for Indian food. Take a break from all the holiday celebrations for a tasty lunch at Punjabi Tandoor located at 9235 Activity Road (near Miramar Rd & Black Mtn). This restaurant has won awards at Indian cuisine competitions. The food items are visible for selection buffet style. Carpool arrangements are pending. Lunch will be at 11:30 a.m.

Please RSVP to Pam by Thursday, December 28 if you plan to attend so the group size can be determined for reservations, pamames123@gmail.com. All are welcome!

And Now, Some Good News by Meghan Kissell, MSW Senior Director,
AAUW Policy & Member Advocacy (submitted by Janice Heather)

Last month, Harvard University economics professor Claudia Goldin, Ph.D., was awarded the Nobel Prize in economic sciences for her extensive research on gender differences in earnings (and she is only the 3rd woman to ever achieve this honor). As Dr. Goldin's research has shown, progress on closing the gender pay gap is stubborn and uneven. For example, Native American women have one of the largest wage gaps in the country, earning only 55 cents per dollar paid to the average white man.

Dr. Goldin's work focuses on long-term change, and we stand with her in the ongoing fight to ensure all women receive equal pay for equal work. We invite you to celebrate Professor Goldin's outstanding achievement by joining our continued fight for gender equity.

**BERNARDO
WINERY**



AAUW POWAY-PENASQUITOS CALENDAR OF EVENTS

December 2023

Date	Group	Topic	Group Leader	Meeting Details	Good to Know
Dec 8	Happy Healthy Hikers	N/A	Mary Alice Rudelich, mary.rudelich@aol.com	Join us for our annual hike to the Hotel Del from the Coronado Ferry Landing followed by lunch at Peohe's. Please RSVP to Mary Alice Rudelich to be included in the carpool and lunch reservations mary.rudelich@aol.com . We will meet at 8 a.m. at the Park and Ride next to Yanni's restaurant off Scripps Poway Parkway. We will meet at the Coronado Landing at 9 a.m.	Hikes are once a month ranging from easy to moderate levels. Contact Mary Alice to be added to the distribution list.
Dec 12	Page Turners	"Remarkably Bright Creatures" by Shelby Van Pelt	Pam Ames, pamames123@gmail.com	Meet at 1:30 p.m. at the home of Carol Wigent, 13816 Lewiston Street in Carmel Mountain Ranch. RSVP to Pam Ames at pamames123@gmail.com .	Meets the second Tuesday of every month at a member's home at 1:30 p.m. Contact Pam Ames if you wish to be added to the distribution list.
Dec 13	Holiday Party	N/A	Karen McGurk, kmcgurkrn@sbcglobal.net Ellie Slade, elliehs10.4.1582@gmail.com ; and Joie Nolasco, joienolasco@gmail.com	Celebrate the holidays with your fellow AAUW members at a potluck from 6:30-8:30 p.m. at the Eastview Community Center, 17520 Drayton Hall Way in Rancho Bernardo. Last names of A-C bring appetizers; D-K, salads; L-R desserts; S-Z, wine. For the white elephant gift exchange, please bring a gift of no more than \$20.00. Do not put your name on the gift. RSVP to aauwboard@gmail.com .	This meeting is for members only. Please RSVP to aauwboard@gmail.com .
Dec 14	Evening Book Group	N/A	Ann Morgan, annmorgansd@yahoo.com ; Marilyn Scheininger, marilyn.scheininger@gmail.com	Meet for holiday potluck at 6 p.m. at the home of Michelle Blasberg, 12509 Montero Court in Rancho Bernardo. RSVP to Michelle at michblas09@gmail.com .	Meets the fourth Thursday of every month at 6:30 p.m. If you want to join the discussion, please email Ann or Marilyn.
Dec 15	Grape Expectations	N/A	Janice Heather, janiceheather@gmail.com	Meet at Bernardo Winery, 13330 Paseo Del Verano Norte from 3-5 p.m. RSVP to Janice Heather at janiceheather@gmail.com .	We meet monthly for either wine or beer tasting. Please contact Janice to be added to the distribution list.
Dec 29	Travel Group	N/A	Pam Ames, pamames123@gmail.com	Meet at Punjabi Tandoor, 9235 Activity Road at 11:30 a.m. RSVP to Pam Ames at pamames123@gmail.com .	Meets monthly at various local restaurants. Contact Pam Ames to be added to the distribution list.

No meeting	Great Decisions	N/A	Sally Jacobson, sjacobs4@san.rr.com	No meeting in December. Happy Holidays!	Meets the first Thursday of every month at 6:30 p.m. No meeting in Dec., Jan., July, and Aug. Interested in joining? Please email Sally at sjacobs4@san.rr.com
No meeting	Games Group	N/A	Aresa Toukdarian, atoukdar@gmail.com	No meeting in December. Happy Holidays!	Group meets once a month to play board games. Contact Aresa if you want to be added to the distribution list.
No meeting	Mystery Book Group	N/A	Pam Meyer, pamela.me4@gmail.com	No meeting in December. Happy Holidays!	Meets the fourth Monday of every month. Want to join the discussion? Email Pam Meyer.



December 1, 2024
Fall Fundraising Campaign 2024

As noted in the September issue of the Adelante; AAUW National has updated how branches are described, all branches now are referred to as affiliate. In order to honor this change, we have used affiliate in this letter.

Welcome to the AAUW Poway Penasquitos Fall Fundraising Campaign for fiscal year 2024. Our membership is always very generous in donating to our key causes, Re-entry Scholarships, Speech Trek, Tech Trek, which support students in their educational pursuits.

In prior years our membership has generously supported AAUW Funds, which enables AAUW National to provide leadership. This year the Board has decided not to include AAUW-Funds in our Fall Campaign. We suggest you continue to give to AAUW Funds throughout the year

This year we are focusing our fundraising efforts to support the affiliate programs below:

- **Re-Entry Scholarship Program**– This fund provides scholarships to students re-entering community college or a four-year college/university.
- **Speech Trek Program** – This is an AAUW-CA sponsored competition for high-school students. AAUW-CA selects a topic, the applicants prepare and present a five-to-six-minute speech in support of the topic. The topic for the 2024 competition is: **“If an educated population is essential to a nation’s prosperity, then how can we ensure a robust public-school curriculum that is accessible to all and teaches historically accurate information?”** This fund provides prizes to the top three speakers in the annual affiliate competition.
- **Tech Trek Program** – This fund enables our affiliate to send seventh grade students from local middle schools to a one-week sleep away camp at UCSD. The focus of the camp is STEM (Science, Technology, Engineering and Math).

Each of these programs supports and encourages students to reach for the stars. If you would like more information on any of these programs, please don’t hesitate to ask any of the board members.

All donations to Re-entry Scholarships and Speech Trek are retained and managed by the affiliate through our fundraising account. Tech Trek donations are sent to AAUW-CA and are maintained in our escrow account to support students selected for Tech Trek by the affiliate. The donations to Tech Trek are tax deductible

The Board wants to thank you for supporting the efforts of the affiliate to help students who are striving to achieve their goals. Please donate to our efforts to support local students to reach for the stars.

Please complete the attached page and return with your donation.

Sincerely,

Michelle Blasberg

Michelle Blasberg
President
AAUW Poway Penasquitos Affiliate
aauwboard@gmail.com



Name: _____

I would like to support our local Re-entry Scholarship and Speech Trek programs. I understand that this donation is NOT tax-deductible.

Please make your check payable to AAUW PP with Scholarship/Speech Trek in the memo line.

\$250 _____

\$150 _____

\$100 _____

Other _____

I would like to support the Tech Trek program. I understand this donation is tax-deductible.

Please make your check payable to AAUW CASPF with TTSD-PP in the memo line.

\$250 _____

\$150 _____

\$100 _____

Other _____

Please enclose this form with your check/sand mail it the Affiliate Treasurer:

Sheila Walker,
13381 Calle Colina
Poway, CA 92064

Thank you for your contribution to our programs.

Any questions? Email aauboard@gmail.com

Poway Penasquitos AAUW Retreat

A Workout for your brain: Drumming

When: January 12, 13, and 14, 2024
Where: Camp Stevens in Julian – Lax-Sadler Lodge
Time: From 3:00 p.m. Friday, January 12th
Through 12:00 noon Sunday, January 14th

Reservation: \$240.00 (includes cabin lodging, five (5) meals (Program will be extra)

Weekend Activities

Wine Tasting, Relaxing Games, Videos, Puzzles
Hiking in the mountains or shopping in Julian
Book discussions
Friday – Ice Breaker
Saturday Drumming
Bring a friend or your sister
Get away for the weekend and learn new things,
OR just relax
Please print name and phone number

or call her at: 619-855-4071

Cut here

CANCELLED

(Reservations include cabin and meals) Drumming fees are not included.

First deposit due by **January 1, 2024**

- _____ \$150.00
- _____ \$ 90.00
- _____ \$240.00 (checks will be deposited right away)

Please note, balance of \$ 90.00 is due by January 1, 2024

All money is **non-refundable** after January 1, 2024

MAKE CHECK PAYABLE TO: PP/AAUW

SEND CHECK TO: PAM MEYER, 18755 West Bernardo Dr. Apt. 1107, San Diego, CA 92127

Name _____ Cell Phone _____

Mailing address _____

E-mail address _____ **All notices will be via e-mail**

San Diego County InterBranch Council (SDC-IBC)

Annual All-Branch Luncheon

Saturday, January 27, 2024, 11:00am



Cabrillo-Diego
Carlsbad-Oceanside-Vista
Del Mar-Leucadia
Fallbrook
La Mesa-El Cajon
Poway-Peñasquitos
San Diego



Handlery Hotel (Crystal Ballroom)
950 Hotel Circle North
San Diego (Mission Valley)

The **San Diego** and **Cabrillo-Diego Branches** cordially invite you to join us for lunch

Our Special Guest Speaker:



Parisa Ijadi-Maghsoodi, Esquire is a poverty, civil rights and social justice attorney, having served as the Assistant Director of Public Service at the USD School of Law where she is currently Professor of Poverty Law. As the current Chair of the San Diego County Commission on the Status of Women and Girls, Ms. Ijadi-Maghsoodi will update us on the vital work of this important Commission.

and a good time together renewing old friendships, meeting new friends, bidding on enticing auction items to take home, and hearing what the other members have been up to.

See you at the Handlery!

OR

Check-in 11:00am
Lunch 12:00pm

Questions? Call or text Cathy at (858) 449-5096, or e-mail cburciaga@san.rr.com

RSVPs are a Must - by January 22 please!!

Yes, (name) _____ (branch) _____ will be there.

And, I am bringing _____ guests: _____

Select Your Entrée(s): Chicken Pesto Panini Carne Asada Salad
 Vegetarian Pesto Panini

Cost: \$48. Enclosed is my check payable to "SDC-IBC".

Tear off this reply & mail to: AAUW IBC Luncheon, PO Box 262012, San Diego, CA 92196

SPEECH TREK COMPETITION

February 3, 2024

California high school students are invited to compete in Speech Trek, a speech competition sponsored by the American Association of University Women of California. All contestants create 5-6 minute speeches on the following public policy topic:

How can we ensure a robust public school curriculum that is accessible to all and teaches historically accurate information?

INTERESTED? Contact AAUW Poway-Peñasquitos Affiliate at aauwboard@gmail.com for more information and to register for the event. Please include Speech Trek in the subject line. **Application deadline is January 20, 2024.*** The contest will be held in-person at Rancho Peñasquitos Branch Library.

LOCAL PRIZES

First Place - \$750.00

Second Place - \$500.00

Third Place - \$250.00

Winner of the local contest participates in state semi-finals. The top three state semi-finalists compete for more cash prizes. Speeches from previous years can be viewed on YouTube by searching "Speech Trek."

***Please note:** The competition will be limited to the first 10 applicants.

